

**To:** Russell Hong, Communications Instructor

**From:** Ola Sabawi, Research Analyst

**Date:** 7/11/2019

**Subject:** PRCA24 Post-Survey- Spring 2019

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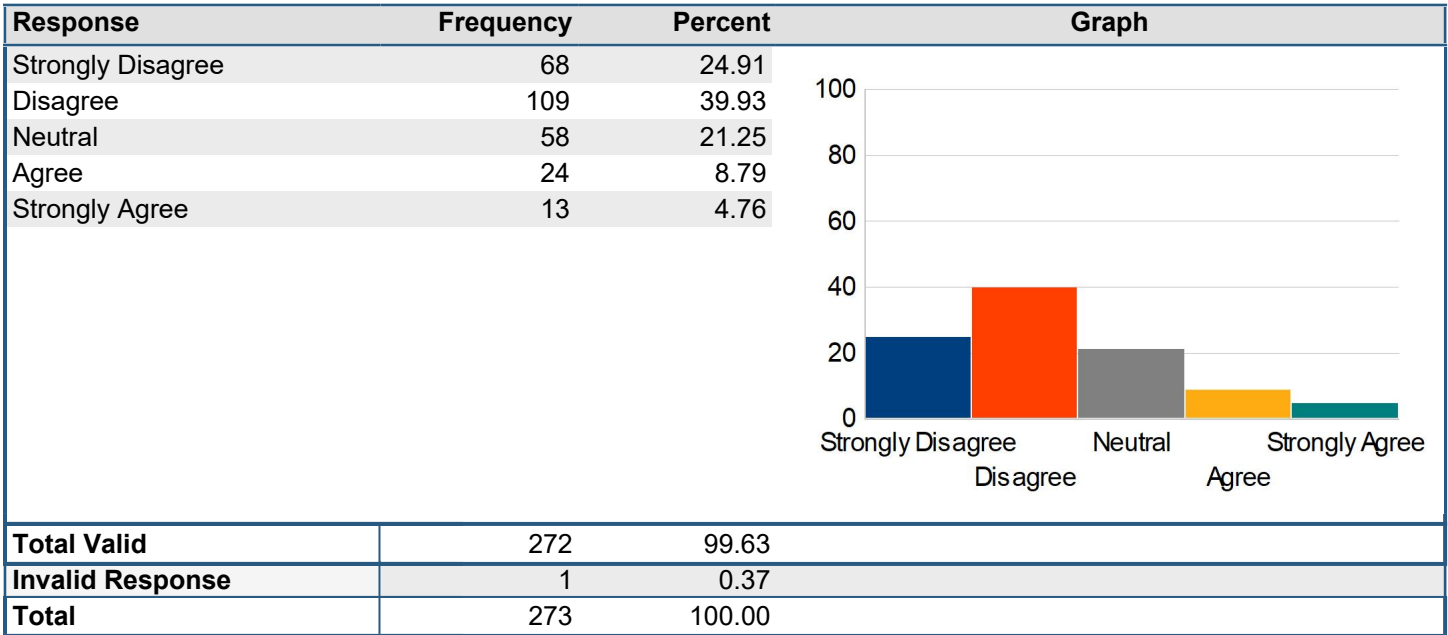
The PRCA post survey was administered at the end of the course in spring 2019. This resulted in 273 total responses.

### **Important Highlights**

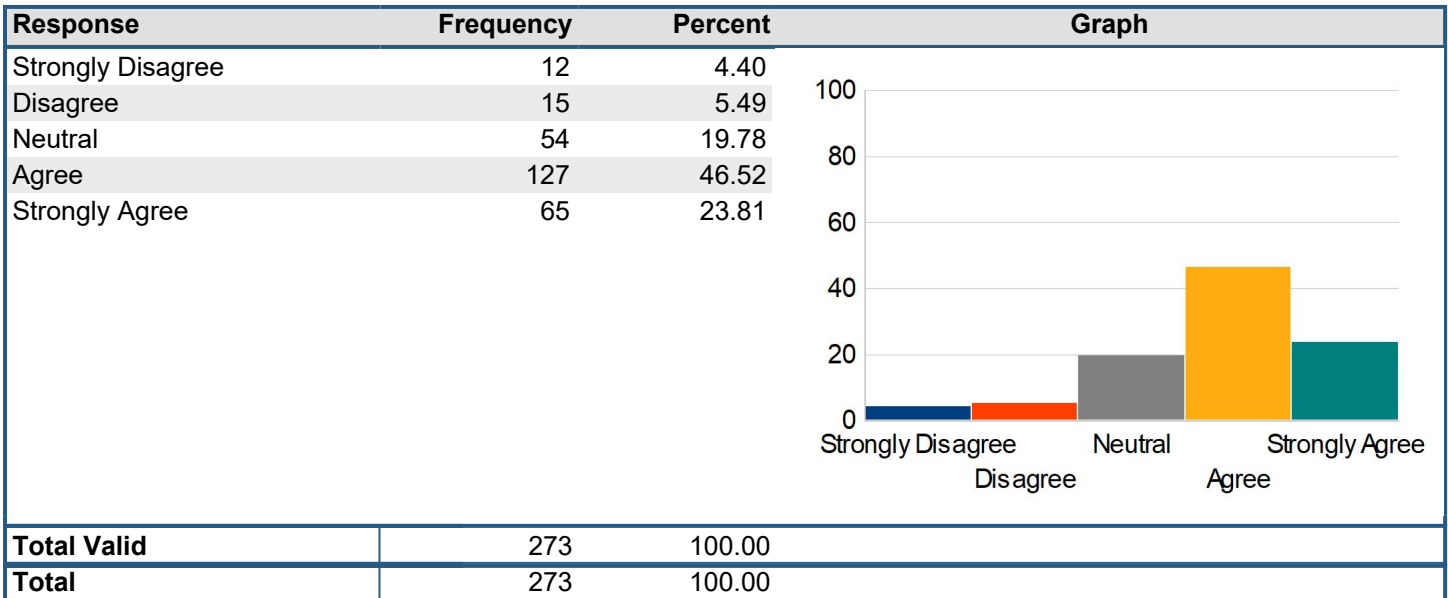
- 70% (192) of respondents “agree” or “strongly agree” that they are generally comfortable while participating in group discussions.
- 18% (48) of respondents “agree” or “strongly agree” that they are tense and nervous while participating in group discussions.
- 32% (86) of respondents “agree” or “strongly agree” that they are generally nervous when they have to participate in a meeting.
- 41% (111) of respondents “agree” or “strongly agree” that they are very calm and relaxed when they are called upon to express an opinion at a meeting.
- 21% (58) of respondents “agree” or “strongly agree” that they are afraid to express themselves at meetings.
- 50% (137) of respondents “agree” or “strongly agree” that certain parts of their body feel very tense and rigid while giving a speech.
- 40% (109) of respondents “agree” or “strongly agree” that their thoughts become confused and jumbled when they are giving a speech.
- 35% (96) of respondents “agree” or “strongly agree” that while giving a speech, they often get so nervous that they forget facts they really know.

# Spring 2019 PRCA24 Post-Survey

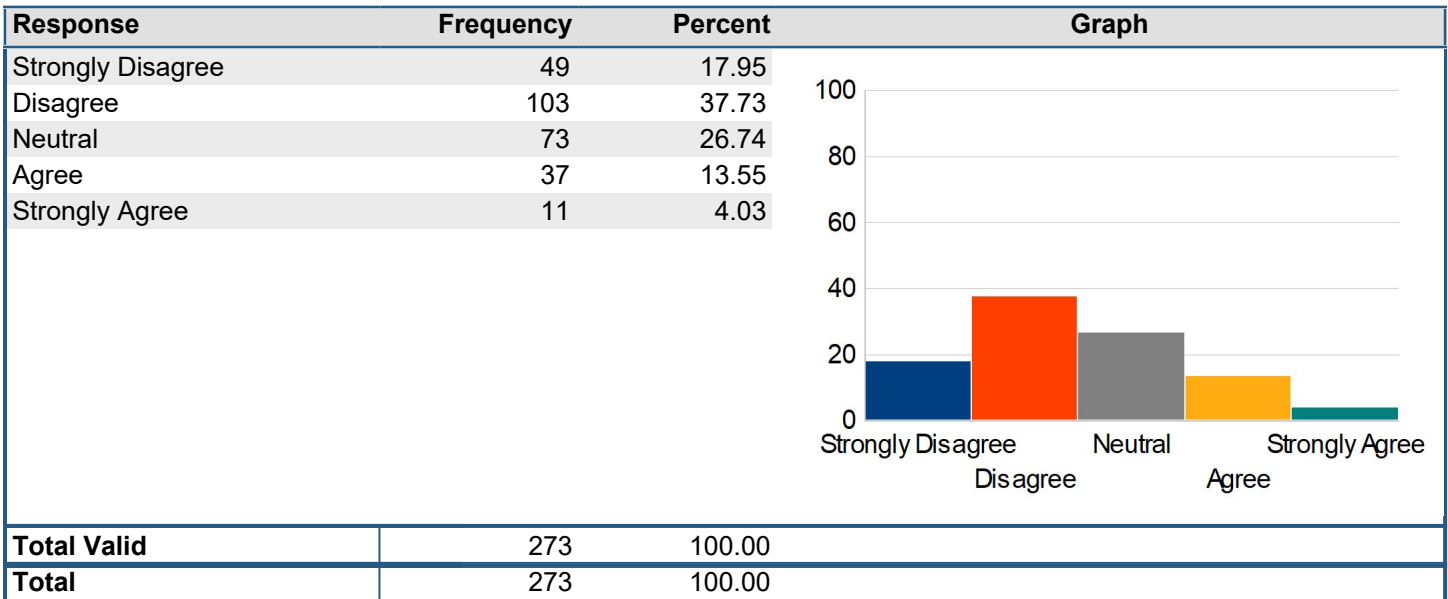
1. I dislike participating in group discussions.



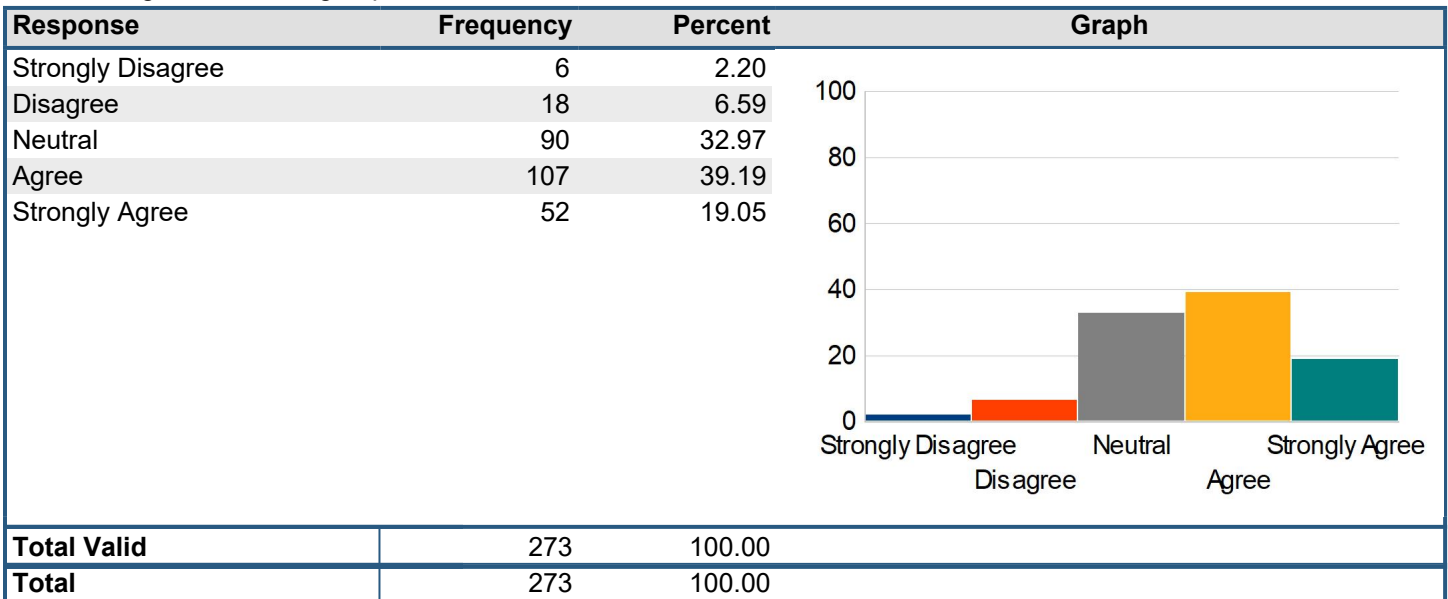
2. Generally, I am comfortable while participating in group discussions.



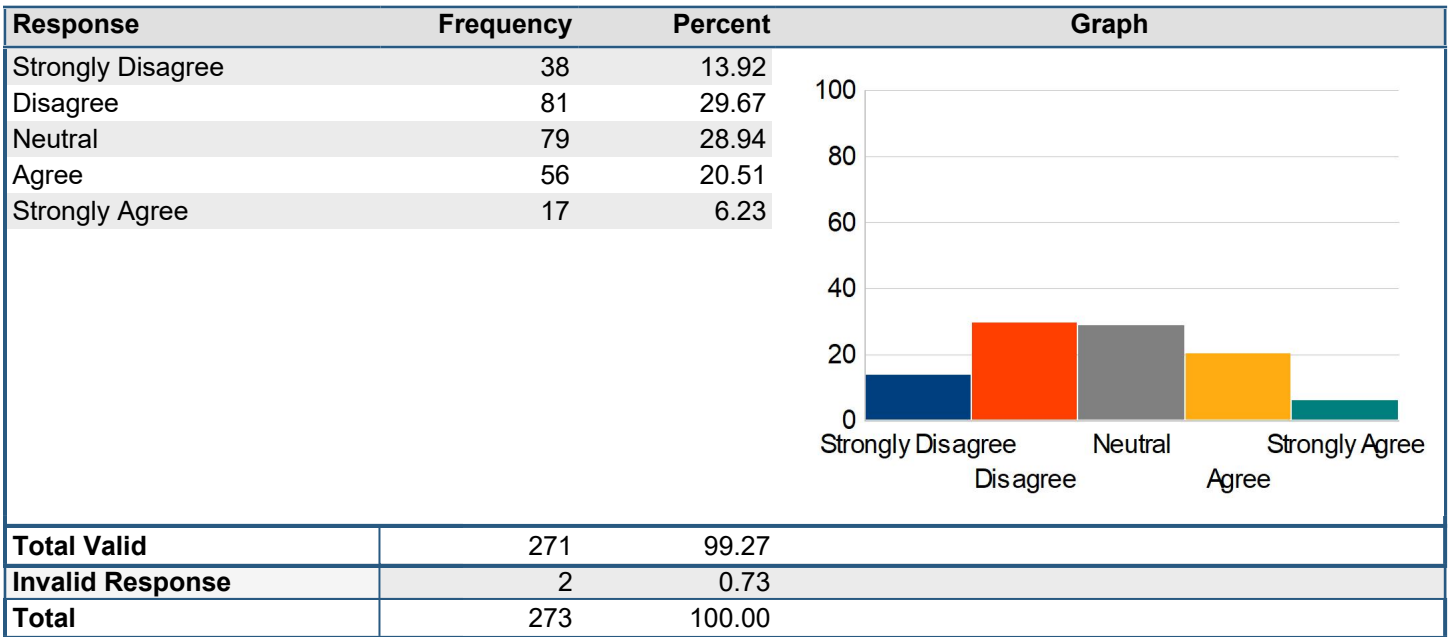
3. I am tense and nervous while participating in group discussions.



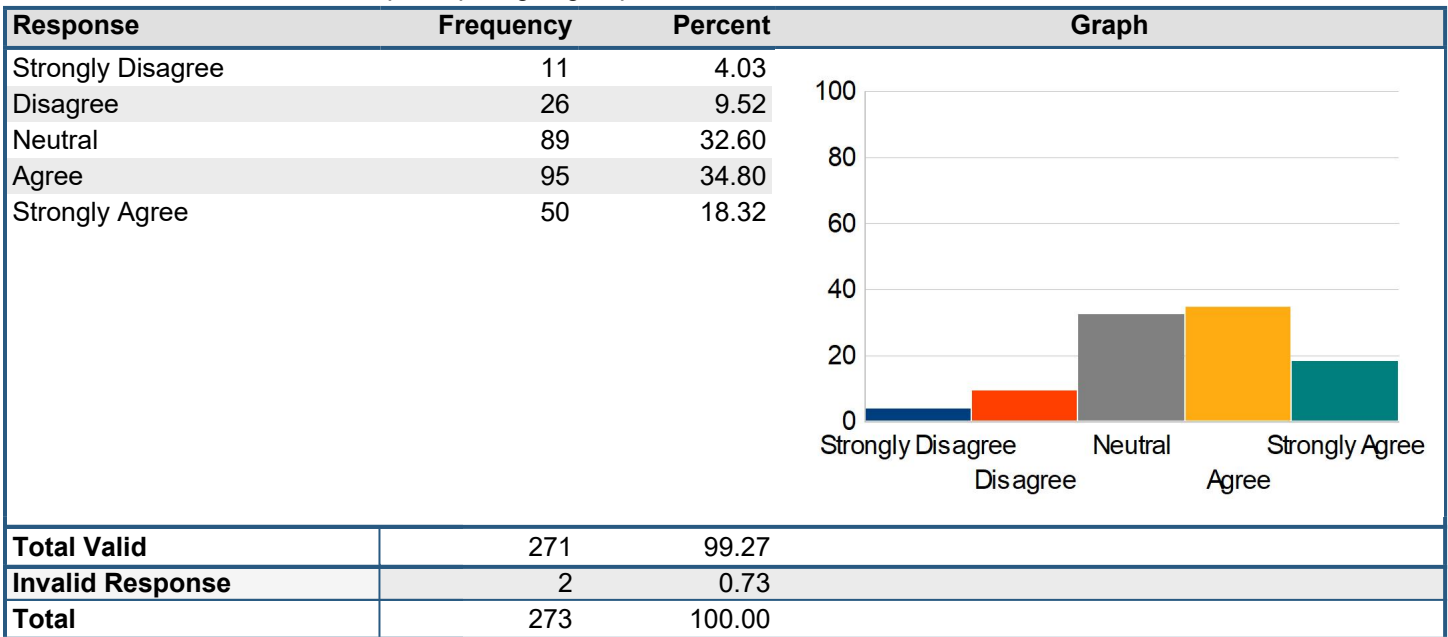
4. I like to get involved in group discussions.



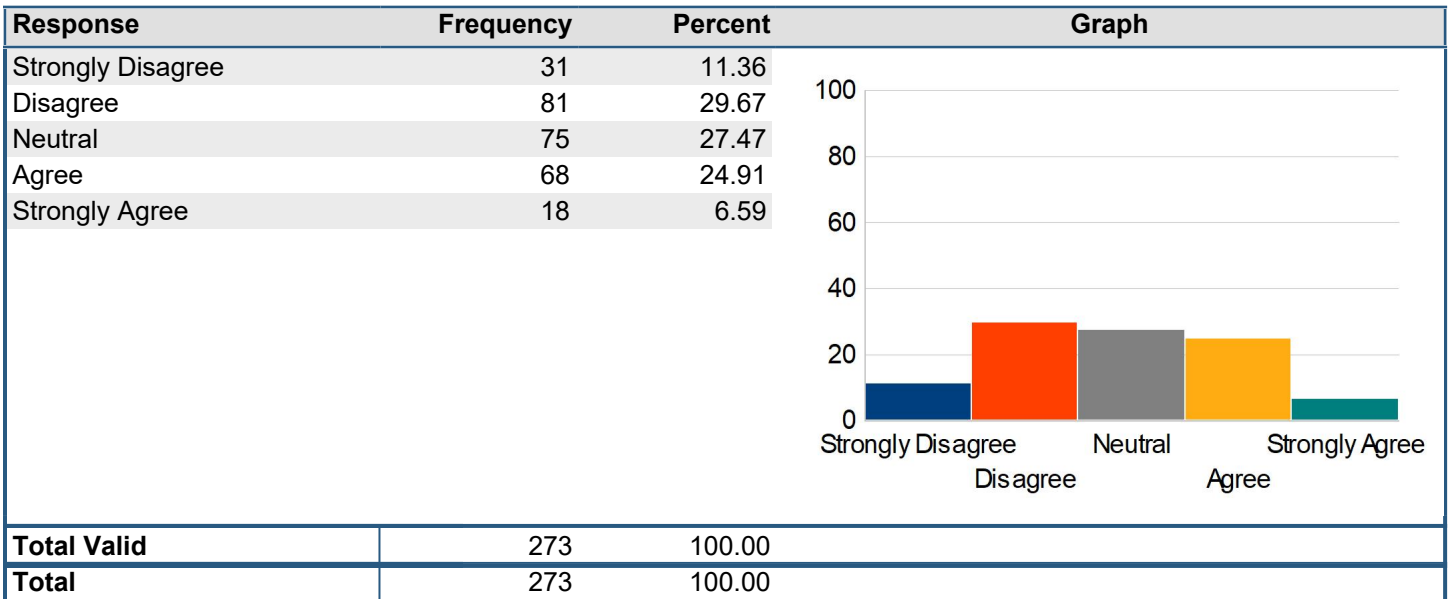
5. Engaging in a group discussion with new people makes me tense and nervous.



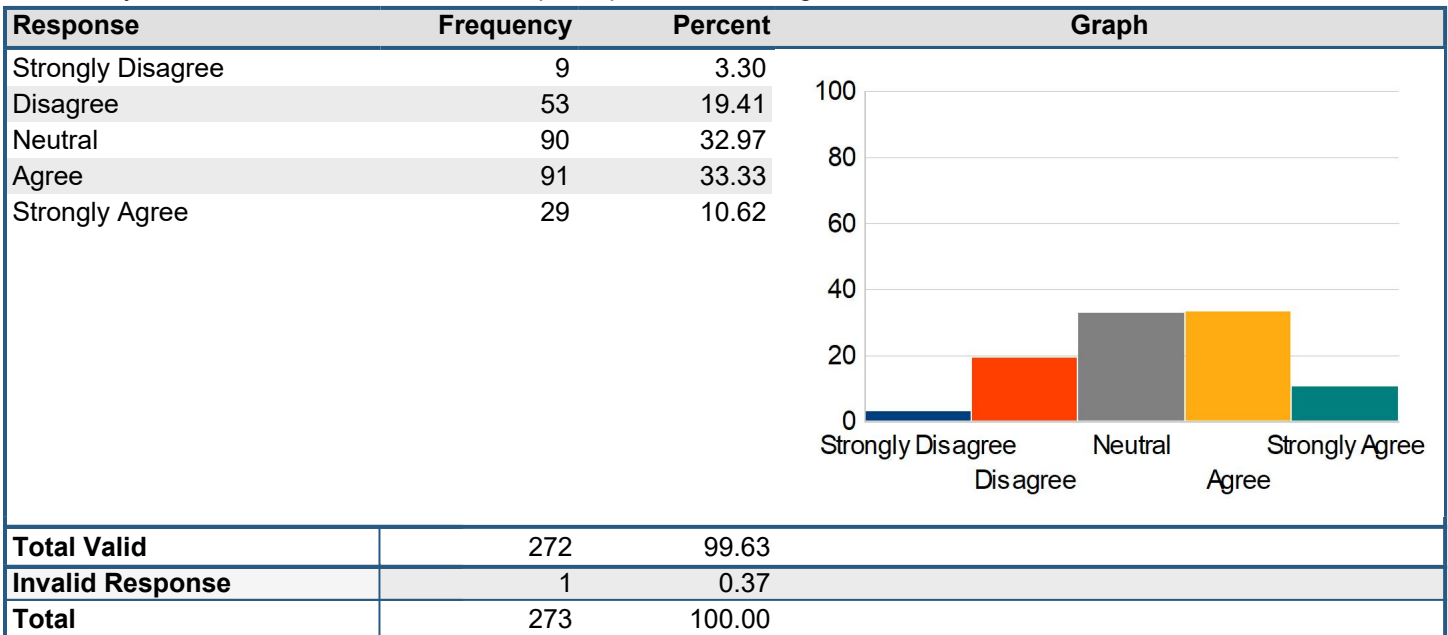
6. I am calm and relaxed while participating in group discussions.



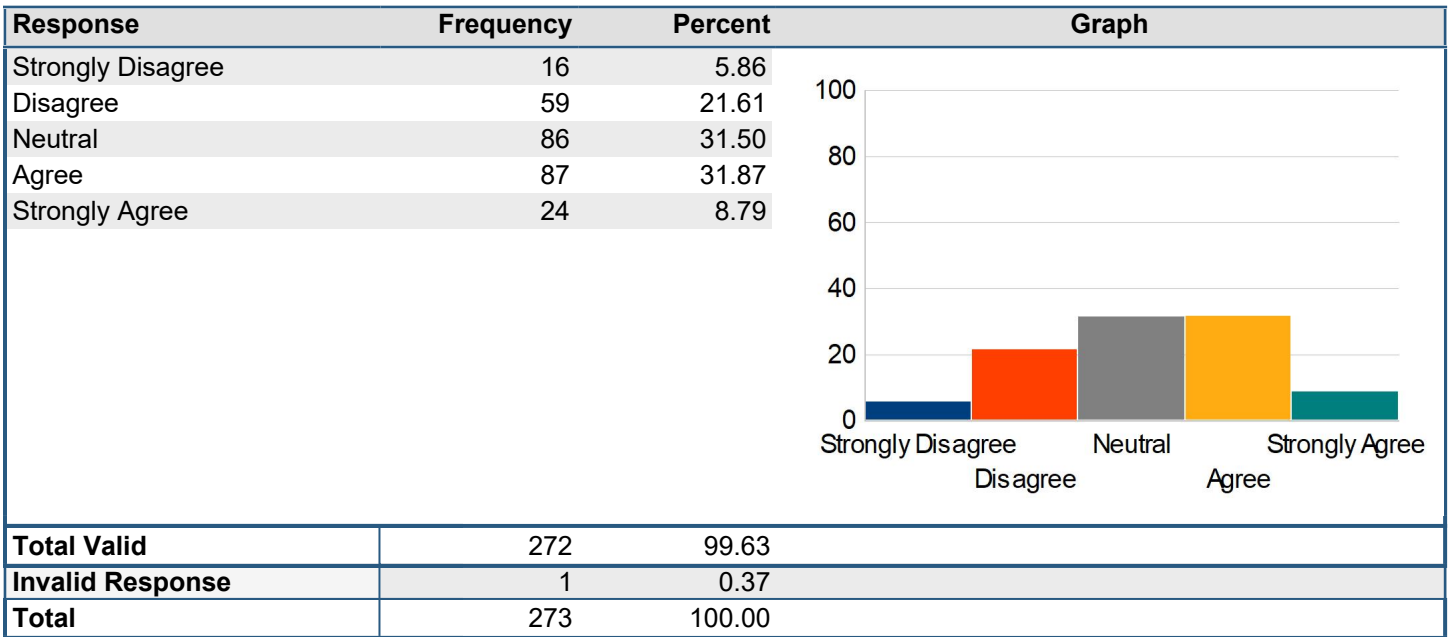
7. Generally, I am nervous when I have to participate in a meeting.



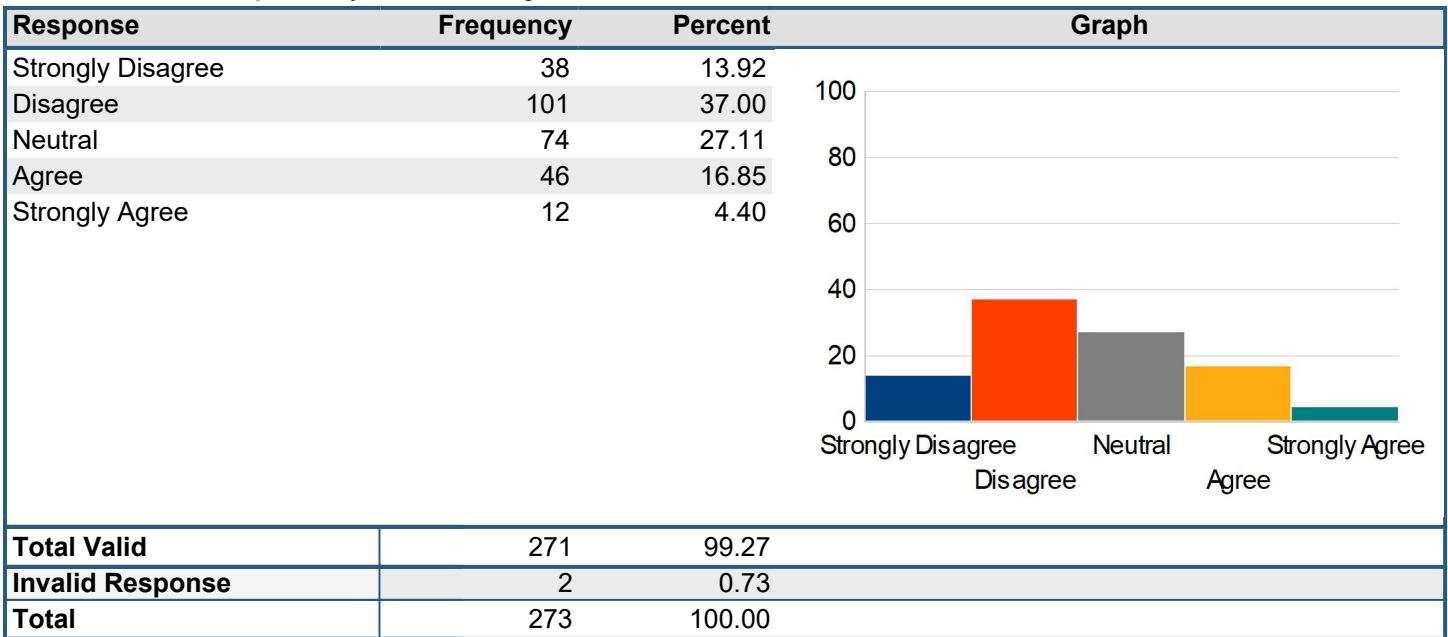
8. Usually, I am comfortable when I have to participate in a meeting.



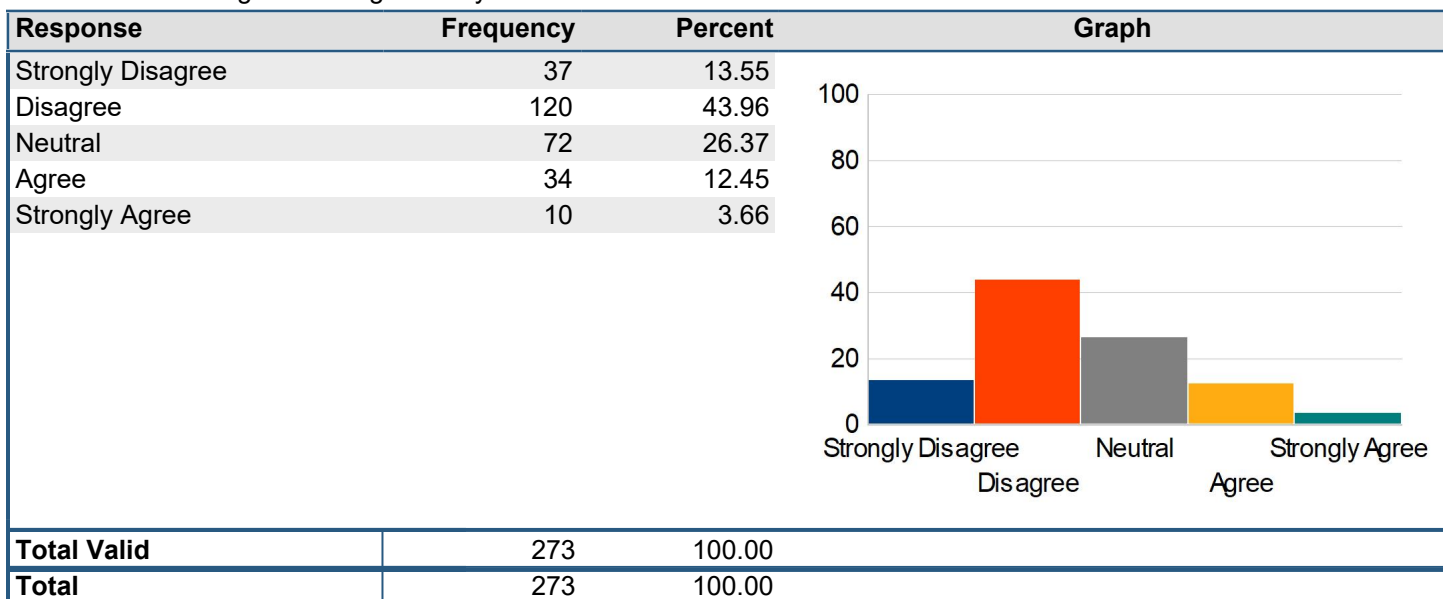
9. I am very calm and relaxed when I am called upon to express an opinion at a meeting.



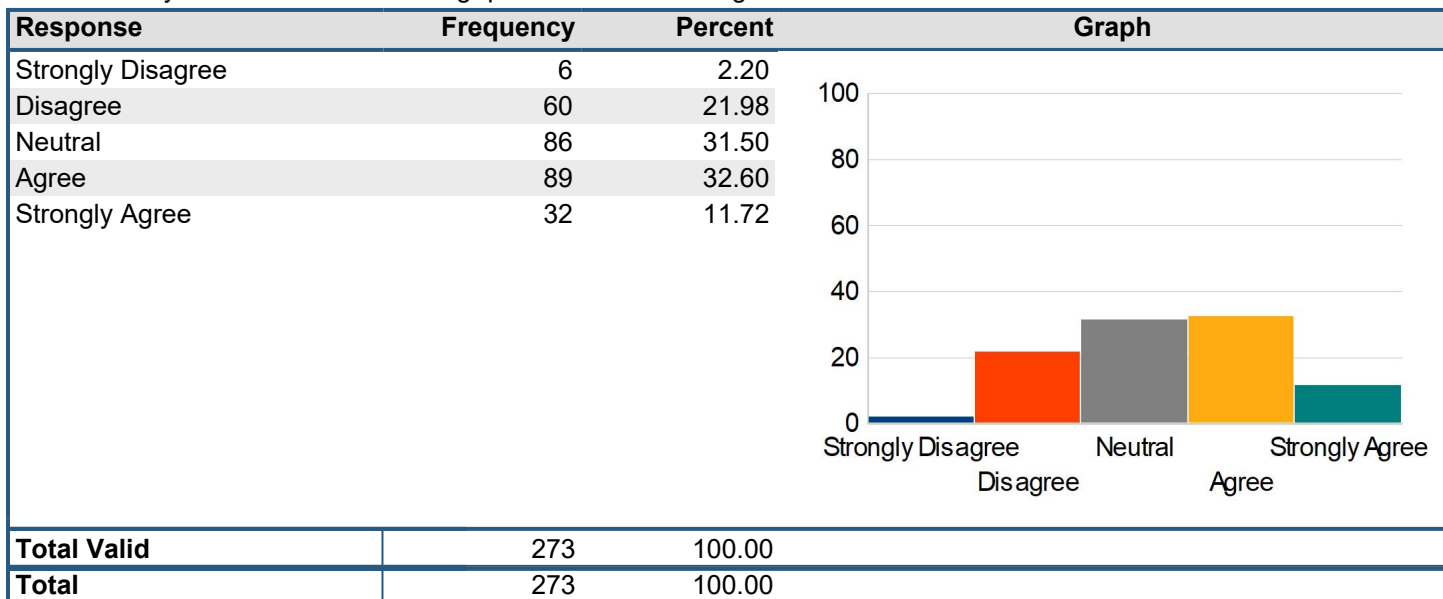
10. I am afraid to express myself at meetings.



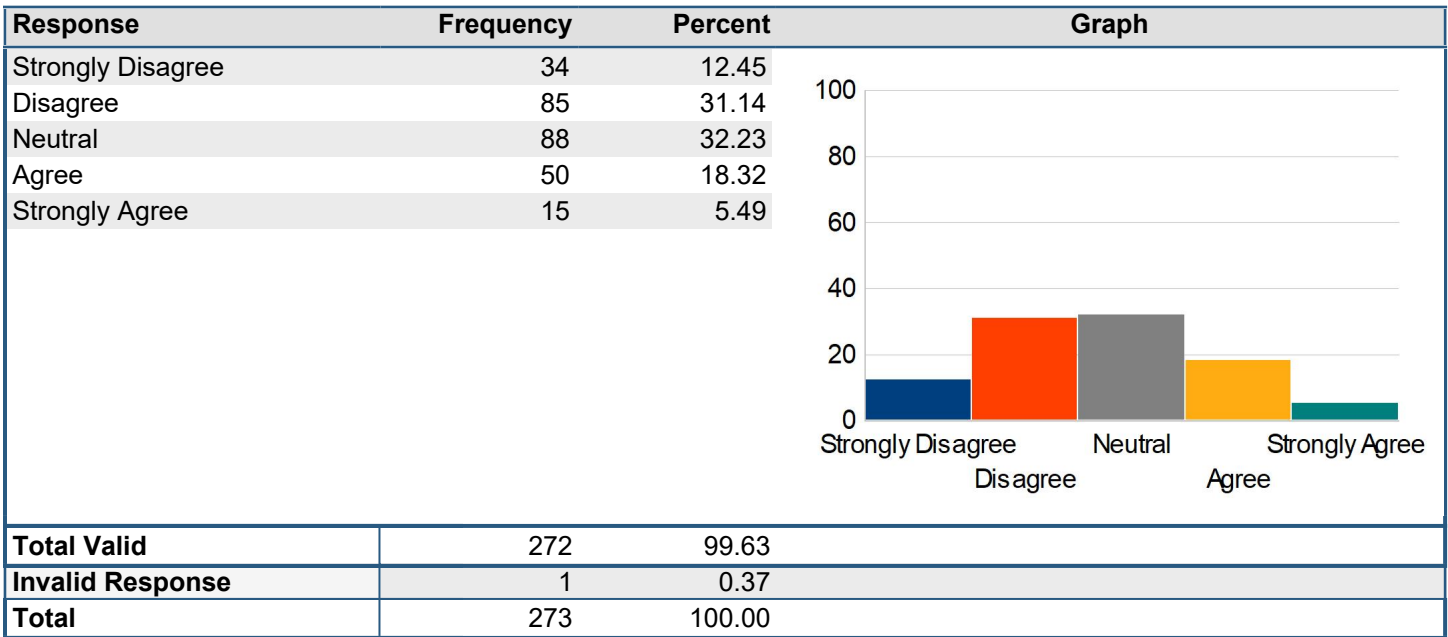
11. Communicating at meetings usually makes me uncomfortable.



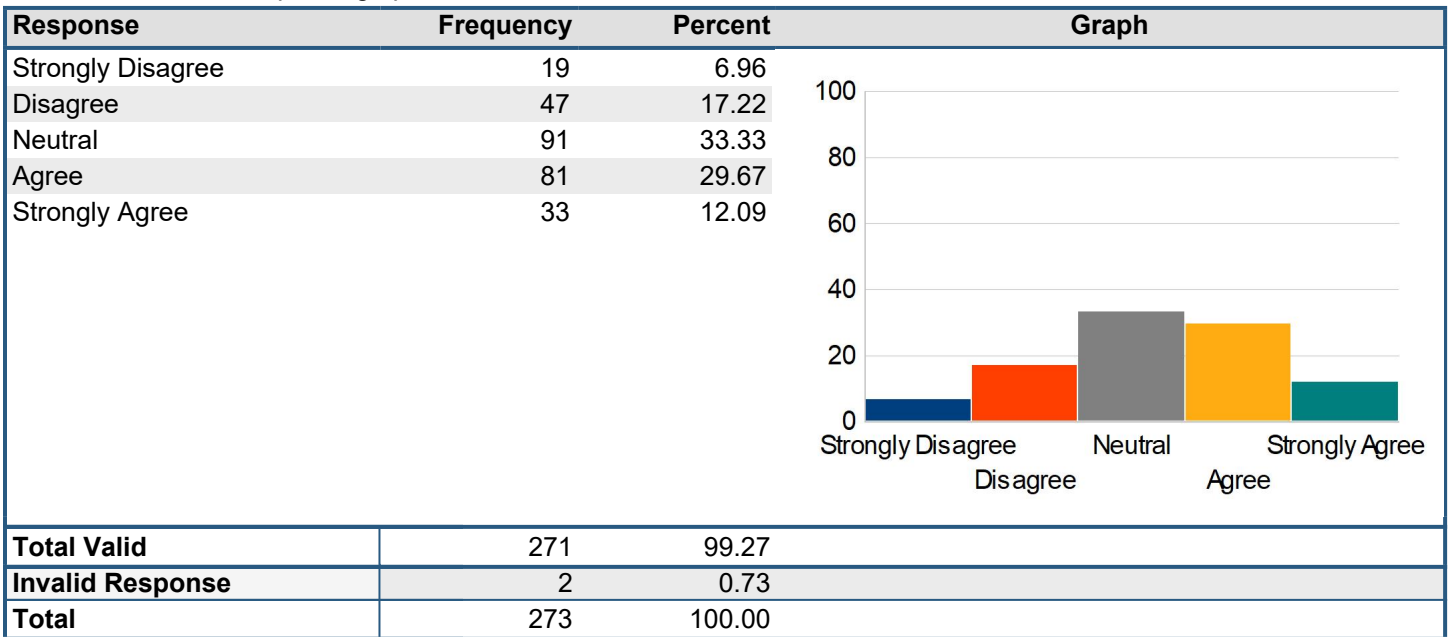
12. I am very relaxed when answering questions at a meeting.



13. While participating in a conversation with a new acquaintance, I feel very nervous.

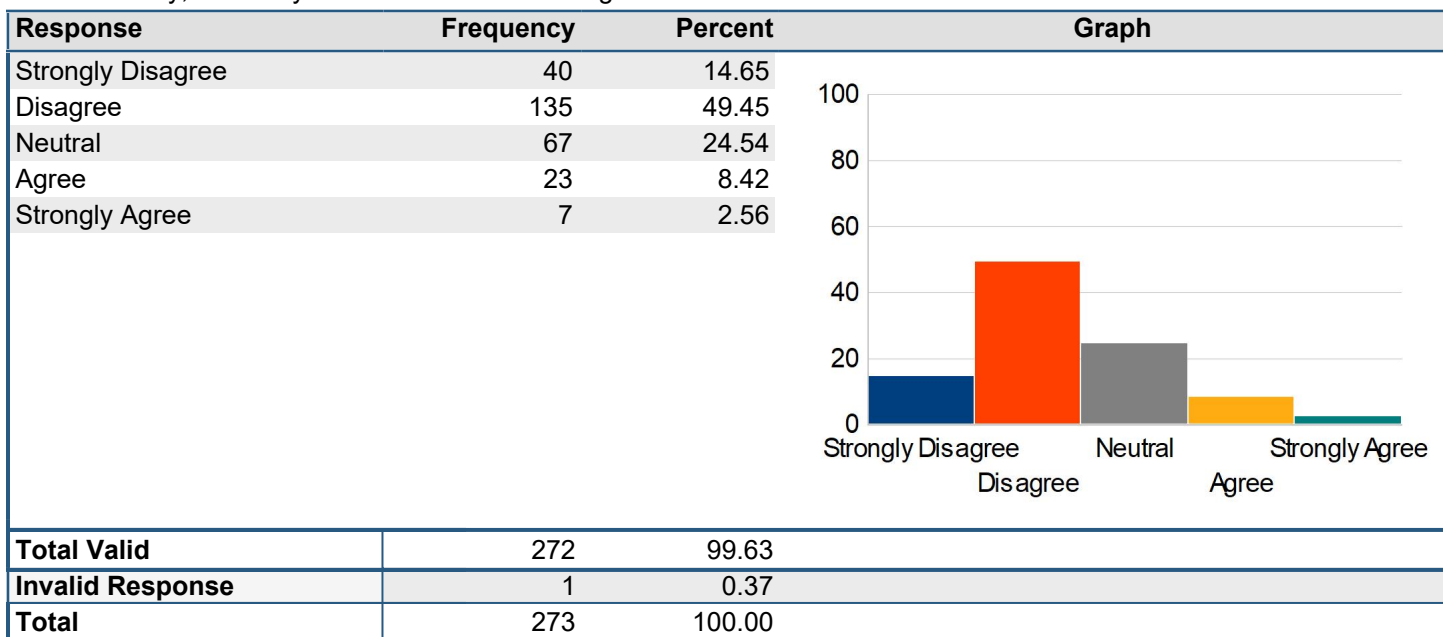


14. I have no fear of speaking up in conversations.

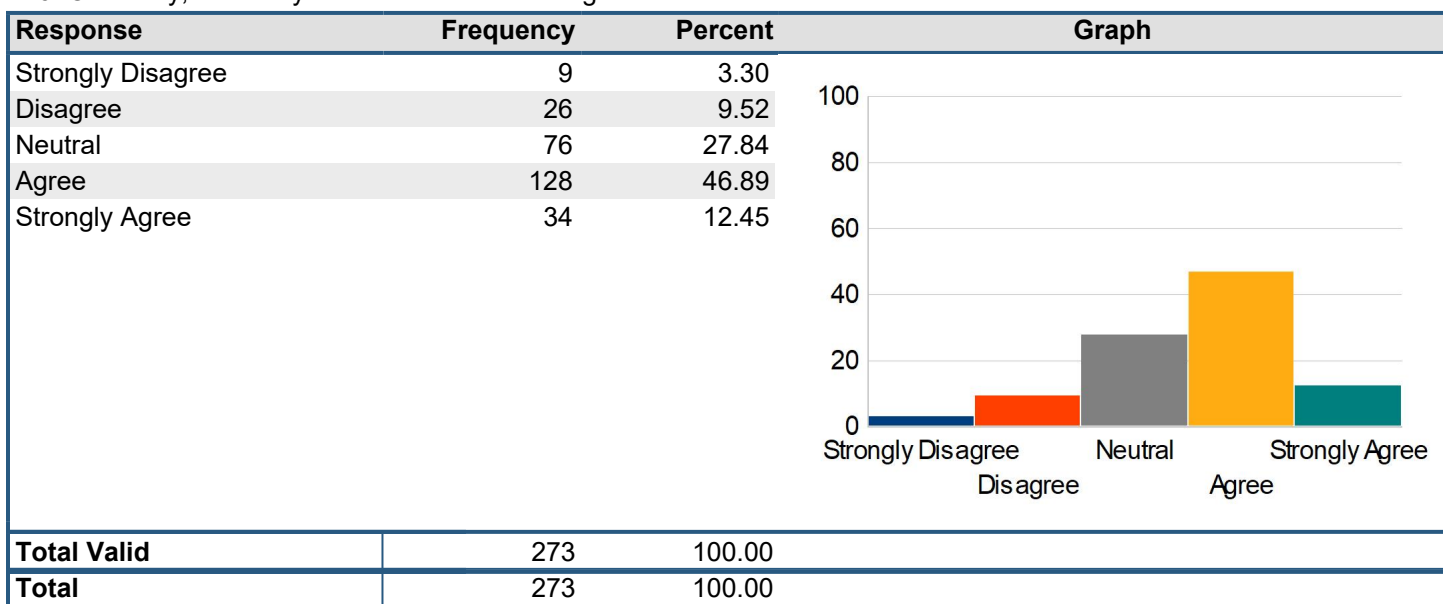




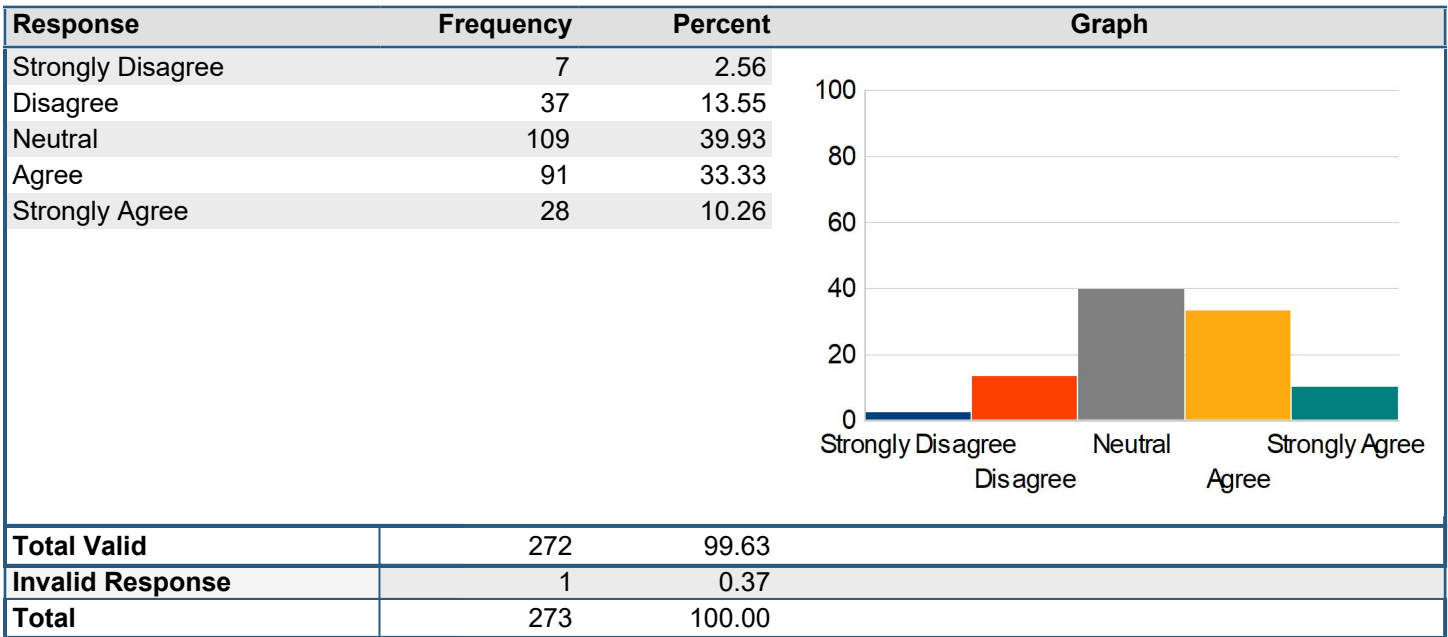
15. Ordinarily, I am very tense and nervous during conversations.



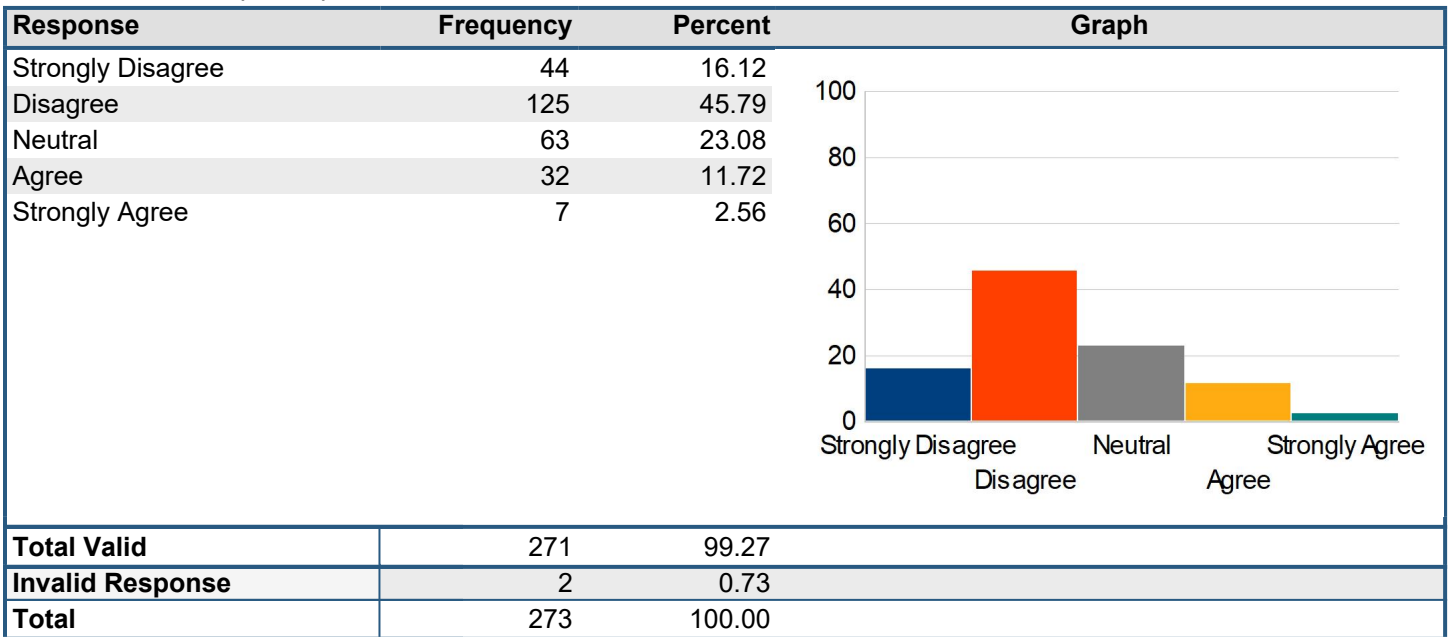
16. Ordinarily, I am very calm and relaxed during conversations.



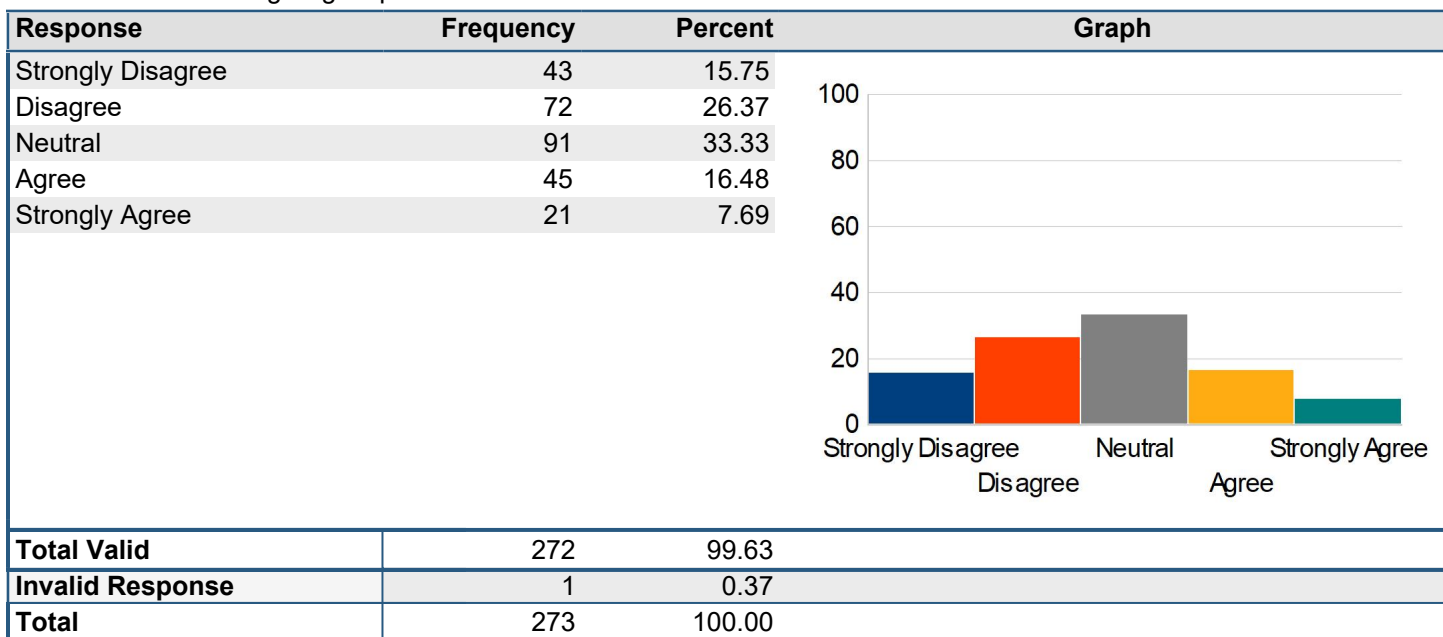
17. While conversing with a new acquaintance, I feel very calm and relaxed.



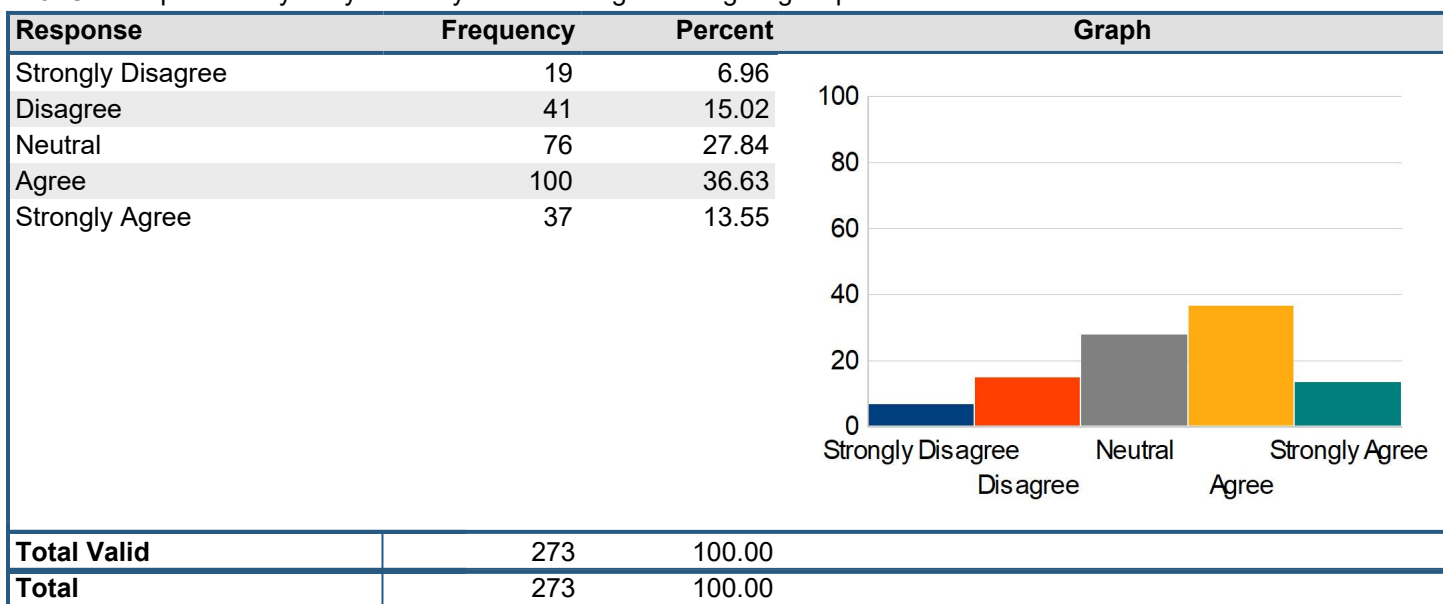
18. I am afraid to speak up in conversations.



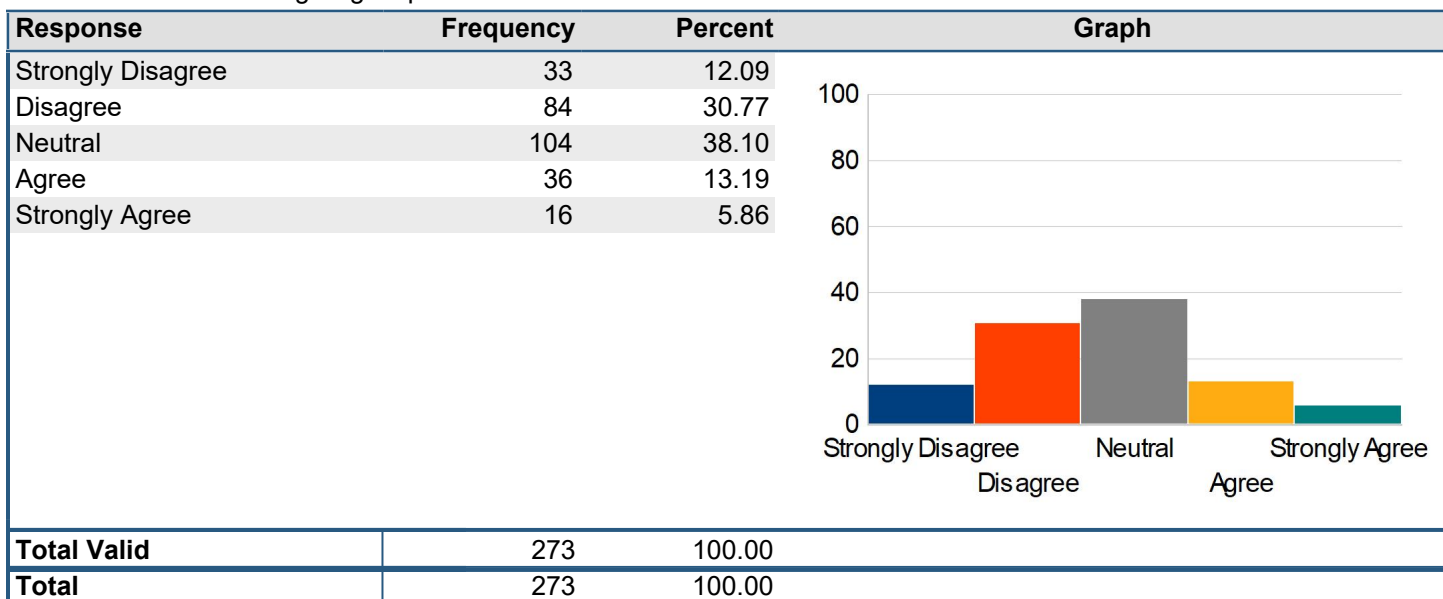
19. I have no fear of giving a speech.



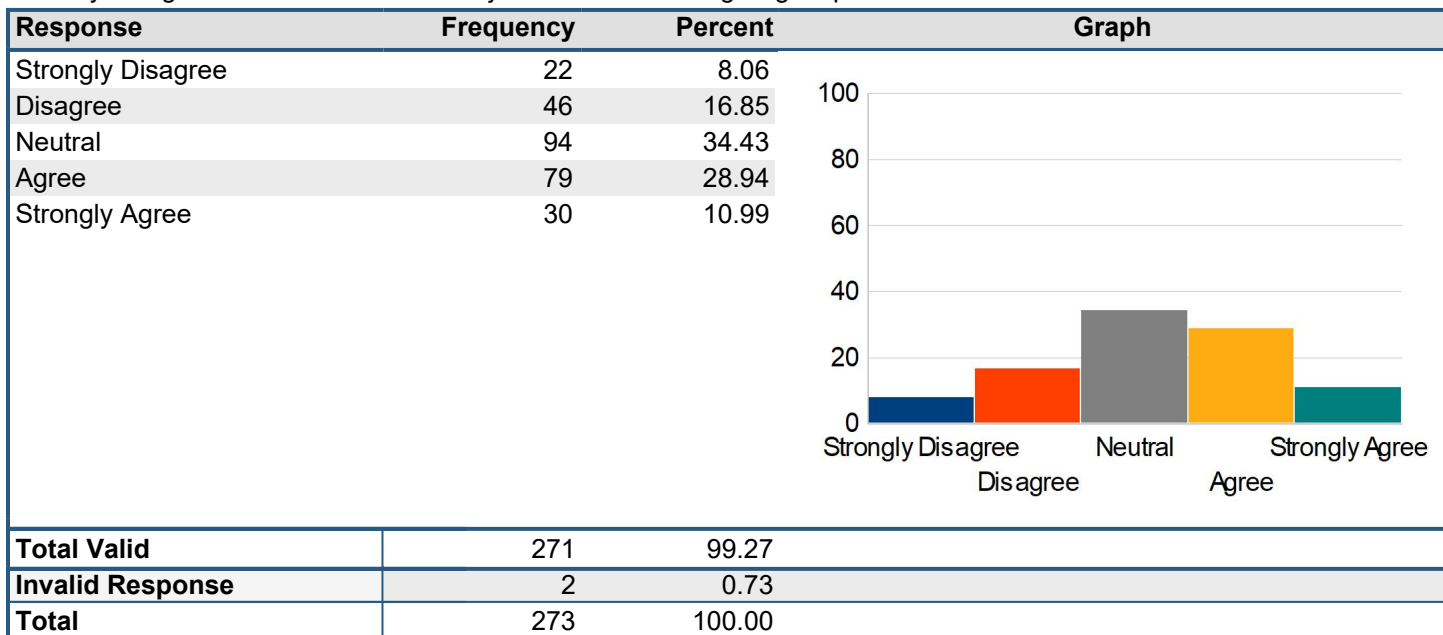
20. Certain parts of my body feel very tense and rigid while giving a speech.



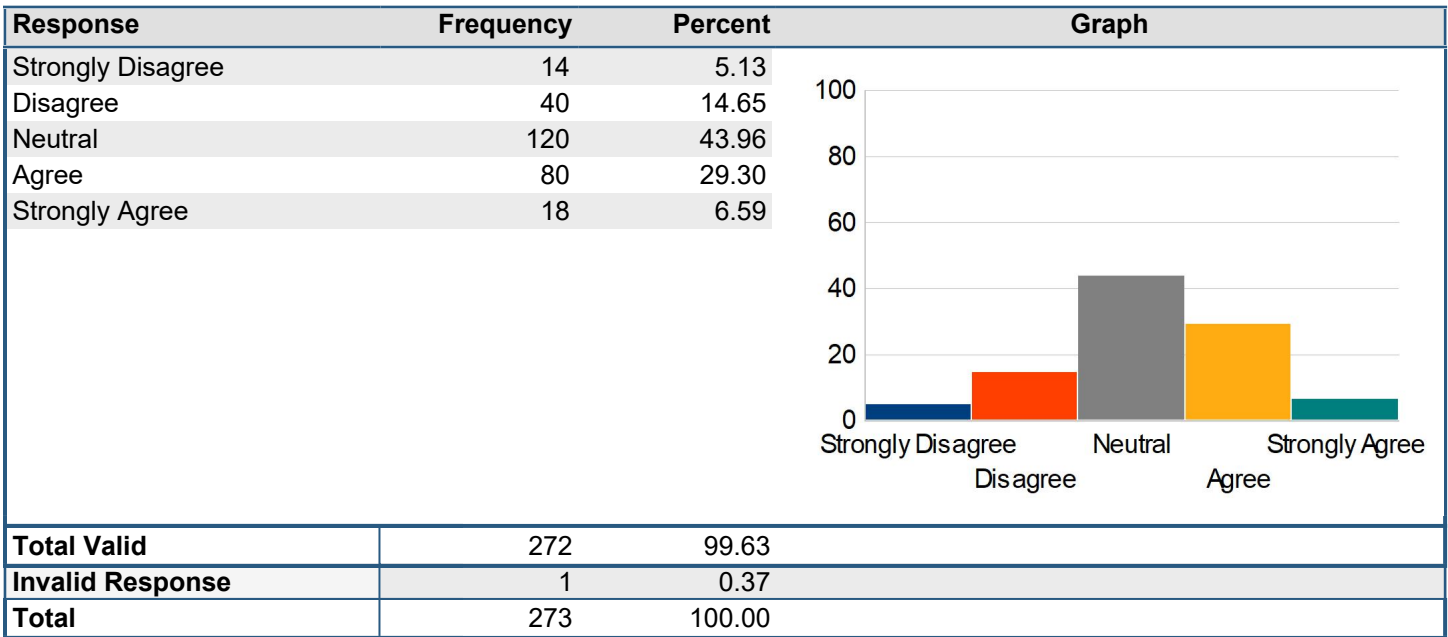
21. I feel relaxed while giving a speech.



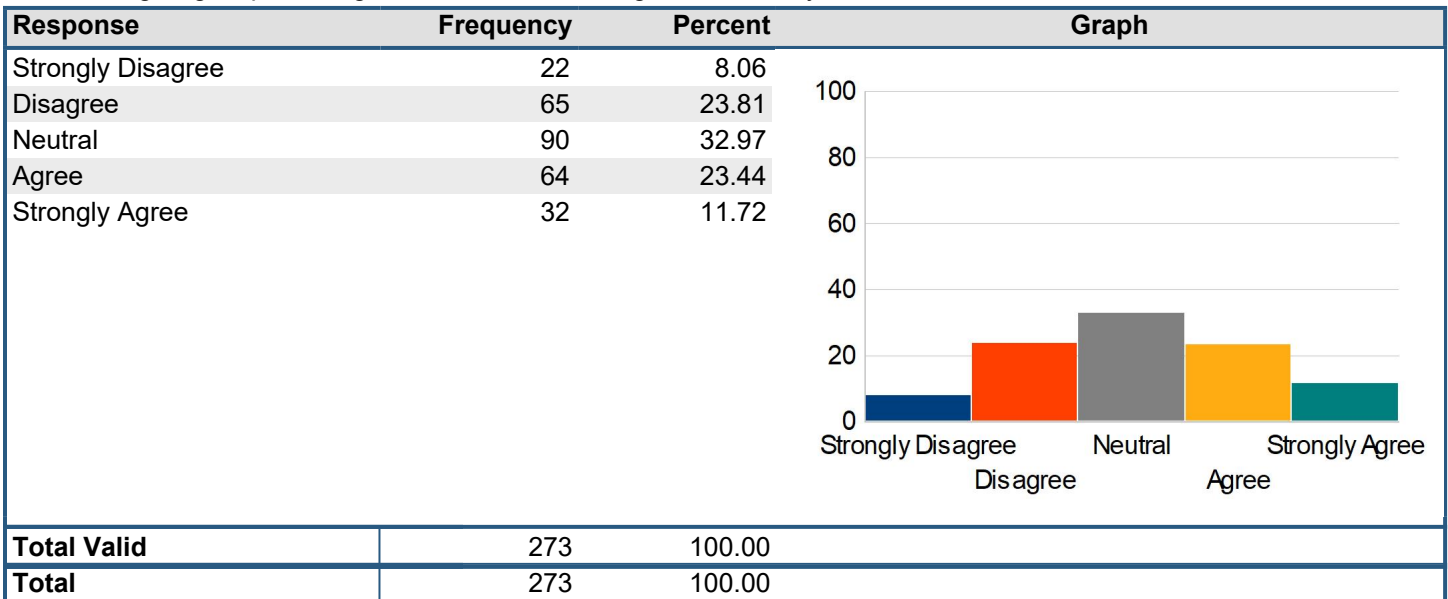
22. My thoughts become confused and jumbled when I am giving a speech.



23. I face the prospect of giving a speech with confidence.



24. While giving a speech, I get so nervous that I forget facts I really know.



25. I felt valued and included in this speech class by my instructor and peers.

Response	Frequency	Percent	Graph
Strongly Disagree	4	1.47	
Disagree	5	1.83	
Neutral	42	15.38	
Agree	97	35.53	
Strongly Agree	124	45.42	
<b>Total Valid</b>	272	99.63	
<b>Invalid Response</b>	1	0.37	
<b>Total</b>	273	100.00	

## PRCA24 Post-Survey Open Ended Responses

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
teacher and classmates were awesome
Self introduction
Activities that i really enjoy are usually class discussions mainly because i get to hear others out and what their opinions are.
talking in our groups also sitting in groups kinda forces us to talk and meet people in stead of being strangers all quarter
giving speeches in class
The more in depth the research I could get on a subject made me more sure of what I was taking about and laid some fears to rest. So the persuasive and the informative speeches were really helpful. Between that and desensitization through almost daily speeches while going through role call I definitely gained some more confidence while speaking.
writing an outline before speech helps to memorize the speech content and therefore reduce the communication apprehension.
Breathing exercises.
Going over brainstorming and reviewing outlines out loud.
introduction speech, informative speech, story time also instructor does an example speech first, really help me build my confidence
It was helpful when I had a conversation with my classmates as a group work.
Impromptu speech and demonstration speech
The number of speeches, both for marks and not for marks.
I have never given a speech before this class, so I was rather nervous for the first one. Giving my first speech made me realize that it's not as bad as I expected. I've been able to approach other speeches with more confidence now.
Five times speeches make me more comfortable with giving a speech.
By speech #3 I had become less nervous. Speech #4 helped me really understand Monroe's motivated speech. Speech #5 is the hardest yet and I feel somewhat prepared.
The job application packet
Group activities and group presentations really helped me to reduce my communication apprehension and do better with my individual presentation. I really learned a lot about public speaking.
The first intro speeches helped me a lot. It was nice to get to know the classroom better and made it a more comfortable environment. Easier to communicate with other students.
Impromptu speech and informative speech
the speeches/presentations
Informative speech
I feel the very first few activities (name tag and personal experience) were nice activities to just be simple ice breakers into the class, making things a little less awkward to meet new people at the table groups.
The small group discussions were very helpful for me because I tend to get nervous around new people. Since we were able to get to know each other better, I think that helped in some form.
Through reading and in class discussions, we detailed different exercises which would help us breath, relax, and take up space to help build confidence.
Giving speeches in front of the class.
I like how we got to talk with our groups and that made me feel comfortable speaking my opinion.
1) Any spontaneous speech activity. 2) Simply having to give speeches frequently.
All the speeches really helped me improve speaking in front of an audience. The outline activities helped me create a more organized and flowing speech.
every speech was great for me. Class activities was very good.
Informative speech helped me that speech can be fun and interesting which made me brave and confident afterwards.
impromptu speeches.
The speeches in general

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
Hearing how good of a speaker my instructor was help me pick apart his brain and his approach.
Group discussion made me feel comfortable the most.
Impromptu speeches and other speech activities that encouraged me to speak without having to worry about being graded or without being worried about how I'll do really helped me reduce my communication apprehension.
The Informal speech.
Many of the in class stuff were in groups
By going up often to talk; whether it's something small or a speech assignment. It got me use to being in the front
Group work
Talking with classmates. Also, by actually doing the speech I gained some skills.
there was this wierd exericse where we were asked to do stupid stuff like dancing and making faces and after we were done with the my prof just told everyone that there is nothing worst you can do beside this . this was the best line .
-Class presentations
I can confidently say that the mini speeches in class, the ones we did talking about our lives and such really helped me become a bit more confident talking in front of a crowd.
The small table communities that we formed that would support and encourage each other, as well as seeing Prof. Lee's speeches before we had to give ours.
Practicing for my speech gave me more confidence.
Respect Good advices
the flipgrid disscussion. It helps me to adapt speaking in front of the camera.
talking with other classmates. activities.
The first group assignment did not go well.
Group speeches & individual speeches
The two speeches I have so far had to do.
The impromptu speeches help
the 5 speeches helped me reduce my communication apprehension
Learning about breathing and talking about relatable topics helped reduce my communication apprehension.
group projects help me be better at working in a group
I feel that engagement speech helped the most, because it kinda help me ice break with the class members.
The assignments of making an outline for my speeches helped me a lot. It made me feel less like I was going to do my speech blind and it made me more organized.
I think that overall the fact that this class was online but we still presented to our classmates was really helpful. It was good practice and allowed for the opportunity to get feed back. The videos with information and scenario allowed me to get an idea for what works and doesn't work for a speech.
I enjoyed how the Professor was very patient and understanding of my nervousness.
The two assignments that helped reduce my communication apprehension would be the random acts of kindness project, where I was working alongside others with the same goal in mind and they were all very accepting. Secondly, I would say the process leading up to the persuasive essay helped because it is more of a fictional thing we are trying to promote so it doesn't seem as formal.
To start our first group presentation helped to get me to work with others and communicate. throughout the quarter the constant group discussions and class discussions helped me to feel comfortable when speaking.
The group presentations helped me a lot becasue i met people and I felt more comfortable presenting in front of people that arent complete strangers.
In class speeches.
every thing in this class
The different types of presentations as well as the videos we watched every week helped my to improve how I should communicate in class.
I think each online speech we did helped me during the quarter. I have become increasingly comfortable with my classmates and Professor Kaur after engaging in these virtual meetings.



**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
The speeches.
Group case studies
The speeches have overall made me a better speaker throughout this course
Just talking and getting to know all these people made me feel like we're all nervous and we're all good audience members who want each other to do well.
Helpful tips to calm down before giving my speeches. For example, breathe, give a handshake, hug a classmate.
Having group discussions and getting together and talk to get more comfortable with each other.
Impromptu speech.
I believe every activity, assignment, and speech that I did this quarter helped me in some ways to reduce communication apprehension. For example, the group speeches that we've had have allowed me to better communicate with my classmates about who is presenting who and which role belongs to who. In addition, every speech that I have gave has also reduced my communication apprehension because it has allowed me to prepare myself good for the day of the presentation. Moreover, it has reduced my levels of fear and anxiety by means of knowing what I will be presenting and the structure of how I will be presenting.
speaking in front of classmate
Group conversations
share moments with classmates helped me reduce my communication apprehension
the speech presentations in general helped reduce my communication apprehension. also the dinner party and heart transplant activity helped me.
Doing the speeches that I know a lot about the subject
Impromptu Speech was helpful because it helped me prepare a lot and practice in doing speeches
Mini-speeches and 1 min speech exercises.
The material from the book and the videos.
What helped reduce my communication apprehension was the activities where we talk and make friends with everyone in the class.
The big speeches
Ice breakers, the job search and resume assignment, Case Study 2 and answering challenge questions afterwards
I think making everyone talk about themselves throughout this quarter made talking to them, in front of them more easier than talking to a room full of strangers. I still struggle sometimes with my nerves, but overall, it was an improvement from before.
solo speeches. I was more comfortable speaking on something I liked.
speech #3
Learning how to create a proper outline for speeches gave me clarity on how to present topics, connect them together, and how to introduce/conclude topics was a great help. Also learning how to neutralize heated discussions and appreciate different opinions was very helpful.
The various speeches helped me reduce my fear of giving speeches in front of a group of people
everytime, group performance help me improve my communication skill, because they ask me some questions and request for the answers, they make me talk and share ideas.
laughing
ice breakers
Practicing the speech in front of my friends and listening to Ted Talk videos helped me in improving my communication skills.
Ice breakers and the group projects really helped me to feel much more comfortable talking to other people and switching up the people I talked to was very refreshing.
I think all the activities the professor proposed for the class were very helpful at the end. We had to mingle with others a lot and do activities that helped us to leave our comfort zone, but in a positive way.
I think the group performance helped me reduce my communication apprehension, since I really get to communicate and work with my group together.
Group work and discuss with friends in class.

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
The actual speeches gave me a lot confidence and built up my skills in giving a talk in front of a large crowd.
group discussion
I think just overall the amount of speeches we did and the number of times we actually had to get up and say something in front of someone really made it easier each time to do it. I also liked when we played music and walked around the room and then got the opportunity to practice giving our speech in front of different people.
I think just doing the speeches in class really helped me reduce nervousness. The discussions were really helpful as well.
The readings on how to actually prepare and compose our speeches at the beginning of the quarter and then we had a quiz on it. This helped me prepare for the upcoming speeches really well.
I read it out loud and see which mistakes I made while typing down my thoughts. Even though when it comes to the speech, I tend to get really nervous.
I would say the third major speech.
Having speeches that covered topics I could choose, and having the different speech types.
the little speech activities w classmates
giving 5 speeches, participating in class
The speech sessions and peer feedbacks
live speeches
Mostly, speeches in front of everyone. When there's the pressure and no way out
persuasive speech
Doing well on the impromptu speech really helped in my opinion, since I did well on it and I wasn't really expecting to.
I think the first two speeches helped reduce my communication apprehension. It allowed me to express my thoughts while implementing out some of my nervousness
Being in front of audience constantly helped me reduce my communication apprehension. practice speeches helped me the most because I push myself to speak up.
The first major speech help me a lot. That speech made my fear go away.
The casual one minute speeches helped the most.
After doing several speeches, I felt more confident to do the presentation than before and learn how to do a better speech.
The informative and persuasive speeches helped reduce my communication apprehension most.
The group play assignment
Go up and give a lot of speech in my public speaking class
All of the Zoom speeches really helped.
I enjoyed the engagement activities, specifically the one called "heart transplant." Even though it was difficult to share personal stories about ourselves. In the end, I connected with my classmates, learned things about them, and became more comfortable expressing myself around them.
The quick 1 min speech was really helpful because I got to know my classmates which made me feel relaxed
small speeches
Perspective Speech, Group Speech
The critical thinking chapter helped me understand illogical fallacies I and people have a tendency of using.
The speech that helped me this quarter was the TED talk. This speech helped me because I got to pick what video I wanted to talk about and why I thought this speech was important.
Giving more speeches and participating in group discussion.
The openness of lecture discussions. Professor Lee does a wonderful job getting people involved and making sure everyone get to speak. By doing so we got practice even before doing an actual speech. Also how we got to talk about anything and have an open conversation about it.
Constant exposure to getting in front of the class and speaking.
No assignments/speeches helped me reduce my communication apprehension. I still feel the same as before I took this course.

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
The introduction speeches at the beginning of the quarter were helpful in learning more about everyone in the class so you knew about the people you were presenting in front of as well as group activities/discussions that allowed you to get to know your classmates better
Giving spontaneous speeches daily helped me formulate my thoughts in a faster matter, allowing me to be more confident in the expression of my ideas.
Working in groups.
The demonstration of my instructor of dealing with difficult situation and the skills showed during such process.
There were a lot of small speeches I participated in and it helped me reduce my communication apprehension.
The activities that help reduce my communication apprehension were the diviant group activity and giving a short speech in front of the class.
The small one-minute on the spot presentations.
presentation
getting up and speaking ie the speeches.
Group discussion
-Speech presentations -Class discussions
Persuasive speech, and Improv Speech
The first performance
Getting involved in working with others.
All of the assigned speeches and the lecture on speech anxiety.
every time Russel said that you only gave a speech once and listened to other speeches for 29 times. It made feel relax and less nervous
Reduce ? None reduced my comm aprehensión
The instructor picked on me very often to speak, which was encouraging.
speaking in class with some of my classmates helped me to be more relax during teacher assignments.
The live speech at Zoom.
The repetition of the speech assignments (ie the exposure to public speaking) is ultimately what reduced my communication apprehension.
The 1-2 minutes minor speeches, especially the ones with partner. These helped me to overcome some problems and get help from friends.
a little be
I think is the discussion that we have on canvas
I think introduction speech which was very first speech you have done. It was the most nervous speech but I think it helped me to face the fear.
Every groupworks helped me reduce my communication apprehension.
Practicing a speech almost every day of class helped me become less nervous.
Speaking alone in front of the class helped me be more open and less afraid of speaking up.
All presentations
none they all helped improve my communication apprehension mostly.
The class exercises and the group speeches.
giving multiple speeches during the quarter.
Knowing the strategies for speeches are very useful.
The Perspective Speech
practicing constantly with new tasks and speeches helped reduce my CA
talking in our groups about the case study, doing the HR activity with a partner
I can't say that any of the speeches didn't help me reduce my communication apprehension: I still get nervous when talking, but at least now I know it doesn't matter as much if I screw up. Similarly, all of the discussions helped us grow more casual with each other, and reduce our in-class apprehension.

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
The engagement speech and the persuasive speech reduced my communication apprehension. It gave a lot of insights in detail on how the speech works and how people present at a keynote and confidently speak without any issues.
I think it was the second speech, because we went to the beach together, during which we had more exchanges, which made it easier for me to complete the speech.
I think the best one was the self speech in the middle of the quarter. It truly helped me with speaking out.
The speech where we were talking about something important to us and for me I found mental health to be important.
Football, Men of Color Program, the persuasive speech. The minor speeches.
every minor speech on the daily.
Practicing my speech before giving it helped me a lot in not being as nervous when giving a speech.
Self speeches and group speeches helped me a lot.
I think the last final project that I did with my teammates that give me more confident to present.
The unit about speech delivery and preparation helped reduce my communication apprehension.
The professor helped by telling us stories and past experiences. It also helped that the class is very easy going and can crack jokes.
Learning five ways to reduce the fear of giving speeches really helped me. So much so that I wrote them on a post it and put it in the back of my phone for whenever I am nervous. I also think that having mini attendance speeches helped reduce my communication apprehension because they were fun, easygoing topics that were okay to share.
Having do give multiple speeches throughout the quarter gave me a bit of confidence in sharing my thoughts. I still get anxious and extremely nervous, but I will not dread going to class of giving speeches.
I loved giving small pop up speeches in the class because everyone was very chill while giving a speech and I could relax too. That helped build confidence.
The major speeches we had to prepare for this class helped me practice my public speaking and handle my communication apprehension better.
Self in a bag helped me figure out how my classmates would react and made me more comfortable
Just Practicing and Giving speeches throughout the class
None. Everything gave me anxiety. Maybe the impromptus' because that is on the spot and very nerve wrecking.
story -telling
The impromptu speeches really helped me because everyone was just "winging it".
The impromptu speech helped me get better practice at speaking on a topic in a manner I usually do in front of a big audience. Because I did not have much time to prepare, I expressed myself in the most natural way, and that helped me realize that I should not fear of messing up. I also saw other people speak in a more simple, imperfect manner that helped me understand that this is a learning process that everyone is going through, not just me. This helped me feel more confident and comfortable.
Group presentations.
Basically all the speeches that we gave was fundamental to us.
Show and tell!
The group discussions between the tables before we decided out personal speech topics
Assignment Speech #2 was interesting to me. We got to hang out with each other outside of class and I think we got to know each other better, which help me become less worried while presenting with my group.
Strategy worksheet
all the speeches
Group projects
Reading responses helped me understand the textbook reading! it was quite fun too!
free write
None
The template file of the speech outline
The group discussions
The group activities such as the debate and group discussions.

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
Nothing.
The speech itself
Dinner party
Getting to know everyone on a more personal level helped me a lot. The assignment that did that was our first speech on our cultures.
Eevery single speech allowed me to overcome my fear of speaking in front of a class
Group discussions
Activites that helped me reduce my communication apprehension was the heart trasnplant activity as well as the second speech which was dificult dialogues.
Everything
The facilitation project. Learning different facilitation techniques.
The group discussions as well as the public speeches
Having to speak and voice my opinion in group discussions.
The group activities really helped. I enjoyed getting to know everyone on a more personal level. I felt like I was surrounded by friends who were all supportive.
The group discussions as well as the constant communication throughout the class helped reduce my communication apprehension. The friendly class also helped.
The last three speeches helped me reduce my communication apprehension since I knew a bit more about speaking in front of the class.
Communication class really help me reduce my communication apprehension as there is a lot of group discussion and I do speech in-front of the class several times.
The one where we had to talk about things you had overcome and made you stronger and the one with the table in the middle and Colin kaepernick
Dinner parties
group meetings
I like the Comm night that showcased other people talents and had performances. We had questions and answers after for the performers.
Class speech
Doing the outlines for the speeches gave me something to practice.
giving speeches and speaking up in class, it has made me get over my fear of speaking up in class
Speech about Saipan and Pro-Choice I really felt confident about speaking about it.
I honestly felt that all speeches/presentations has helped me improve my communications skills.
In Professor Anderson's class, I really enjoyed having the first speech being about ourselves, but also having groups work together to improves one another's speeches.
The activities and speeches helped me reduce my communication apprehension. The group discussion activity helps me become more confident when I say my opinions. The speeches helped me gain confidence and become comfortable speaking in front of a crowd.
Actually not really. Because I'm not really good at English and my classmates are so confident in English so actually I don't understand everything that they said :(
A lot of group activities. Every speech helps me to get better and better on communicating.
Group discussions
Take a deep breath before the speech,
The demo, info, and persuasive speech have boosted my confidence in public speaking.
I think the persuasive speech helped me reduce my communication apprehension because it allows me to share a topic that I'm really excited.
Outline helps me have a basic understanding about the speech and I feel more comfortable during the speech.
mostly speech. I don't get nervous whenever I give speech but in this class, I get chance to give 5 speeches in very short period of time which made me even more stronger and confident.

**Question: 26. What activities/assignments/speeches etc. during this quarter helped you reduce your communication apprehension?**

Response
Story telling
group activity
demonstration speech
Learning the preparation process and understanding that we as students are all in the same place in trying to overcome our communication apprehension.
doing all the speeches in class. it makes me more confident and comfortable when i speak to a lot of people.
3 Speeches, along with some other group activities in my COMM10 class.
The major speech presentations that we completed during class helped me reduce my communication apprehension. The reason why is because the more I learned from previous speeches, I strengthened my weaknesses and I tried to make sure I felt confident in the speeches I presented.
By giving more speeches!!
Practicing for each speech was helpful
The given outlines to follow were very helpful in preparing for speeches. Not too difficult to follow, and allows you to focus on what parts of the speech should be important and what parts can be cut if needed.
working in a group setting
All the public speaking opportunities.
During this quarter what helped reduce my communication apprehension was making sure that I practiced my speeches multiple times before presenting.
The dinner parties and debate helped reduce some communication apprehension.
I have learned a lot in this class with many interesting activities: dinner party, speeches. Because I have many times to give a speech in front of the audience so it helps me reduce my communication apprehension
Work as group makes me more confident to speak up
Dinner Party activities and Debates
Giving speeches. This was a great class because it gave so many opportunities to practice speaking.
Group projects.
Group discussions definitely helped about the topic beforehand.

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
They gave me their attention and eye contact
I have their focus on me when I'm having speech.
Being open minded, feedback
they tend to agree with what I say or really hype me up also they pay attention which is major key
put attention and be kind
Eye contact was the biggest one and when they mentioned something I said later on, because that means they not only heard what I was saying, but it made enough of an impact on them for them to remember it.
Smile and nod when I'm expressing myself. Talk to one another regarding topics other than class assignments.
Eye contact and not focusing their attention somewhere else.
Eye contact and nodding.
eye contact, clap hands after my presentation and share many things in their speeches
They always cheered me up when I gave a speech. Also, they gave me a great eye contact which felt like they were paying attention to my speech.
applaud, smile with nodding
Asking appropriate questions after a speech and the applause at the end.

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
1. In my demonstration speech, a classmate was willing to help me out during the demonstration portion. Somehow, it made me feel better about what I was doing since someone was interested enough to help me out. 2. Right before my recent demonstration speech, I had to set up a lot of equipment for the demonstration portion. Everyone was really patient as I was working and I didn't feel any pressure from them.
Deep breathe, and shake hands with Karl.
When they would smile, laugh or participate when prompted during speeches.
- people asking for my opinion - people asking me to join them at their table
My classmates were always asking for ideas from everyone involved within the group. Plus, there was no authoritative approach and roles were distributed equally among group members that made me feel respected and valued.
I enjoyed receiving the peer critiques, people were very nice. I also believe the class was very respectful during speeches. No laughing or any other disrespectful manner.
everyone is very nice and respectful during speeches; everyone is easy to start a conversation with
when i talked they listened always paying attention when i was presenting
Giving applause before and after my speech Giving the sheet of what I did good and bad in my speech
The first would be that my group was always willing to listen to me and everyone in the group. Another thing is how open my group was to considering other ideas and having a conversation on how to incorporate them and maybe some suggestions to improve said idea.
One of the behaviors that I experienced from my classmates were their expression of interest in my topics. In both of the speeches that I researched, my classmates were engaged in asking questions. Another action is that they would encourage me prior to my speech.
My class attentiveness during my speeches and their applause before and afterwards add to my feeling respected.
Reminding me about the aspect of restating the question during my speeches and recording my speech.
They understood my opinion and gave me advice about my opinion.
1) I felt respected when I could see that my classmates were genuinely paying attention to me and what I had to say. 2) I felt valued during the speech activities when my contribution was taken seriously.
Everyone supports each other. Everyone values each other and we all understand that many people may have fear of speaking in front of an audience. Despite this, we all welcome and encourage each other in succeeding
i would say showing respect to the individuals and helping classmate
-My classmates show interests in my speech(they laugh at my humor). -They stay quiet during the speech.
eye contact and asking question afterwards because it showed they listened
They were well respectful adn would nod their heads to certain parts of the speech to indicate they were listening
The peer reviews that got done after my speech so I got immediate feedback from my speech. Engaging in group activities and meeting people in my class who are very friendly and good people.
Their smile and eye contact
I liked when my classmates payed attention and nodded when I said something. This really helped me feel respected, valued, and heard because even if I said something that was wrong, they still listened.
asking about my topic and showing interest in what I was talking about
1) i never felt judged by my peers 2) contrary to popular belief, i actually enjoy it when my peers arent paying attention to me. It makes me feel calmer when i present.
Everyone was listened and were not on their phones
The peer review after the speech.
The attitudes that they are listening, and trying to understand.
everyone was applauding and looking at me very carefully no one was distracted or least bothered. even after the speech tehy used to complement or discuss and applaude .
-They were listening -They were quiet when I was presenting
sometimes when my peers would laugh a little made me feel valued more because it showed they were listening, another action my classmates would do is maybe nod their heads to show they understood.
My table group would smile or give thumbs up while I was giving my speech, and after would say good job and say the good parts of it.

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
Respect Good advices
Communication during this quarter
Nod and smile
eye contact and feedback
One classmate came up to me and said "Your speech was great." Other day, other classmates said "Thank you for doing that" for me taking a initiative on group project.
Actively listening & Participation
People asked me questions about my opinions. People were respectful of me and my life.
When class mates ask good questions and give constructive feed back
THey would listen and give out good comments about the speech in the peer critques.
Clapping and laughing helped me feel respected, valued, and heard.
eye contact head nodding
They have a lot of general knowledge. some of them can move on quickly when they forget about what they need to talk about.
Positive response of what they liked about my speech and laughter when I made a joke during my speech.
Whenever I had to get feedback from my classmates it was clear that they respected me when I was speaking because the feedback was relevant to my speech. Also when it came to discussion posts my classmates gave me a lot of resources and useful information.
My classmates listened and gave back constructive criticism.
During this quarter, it helped me feel respected and value when my communications class would give their undivided attention during presentations and clapping beforehand to give me the impression that they are listening. It also helped when in smaller group discussions, we were very open to accept new members and take note of their thoughts and ideas.
the two behaviors that my peers did that helped me was listening and giving feedback. they would give words of encouragement and that helped me to build confidence.
The applause at the beginning of my presentation gives me a sense of comfort to make me feel included and heard. Also, the eye contact made me feel seen and valued.
Nodding during parts of my speech, assuming they were agreeing with what I was saying. And smiling.
compliments and clapping
The Q and A questions we had at the end of each presentation. Also the time at the start of the quarter where we did the assignment where we introduced a classmate to the whole room.
-I think getting honest/constructive feedback from my classmates on various class discussions, speeches, and assignments made me feel like my work was being acknowledged by my peers. -I also think the peer evaluations during our speeches were extremely useful. It was nice to know that my audience was listening intently to what I had to say.
Listening and asking question at the end of my speech.
allowing me to give ideas in groups and letting me know if I did well
The way my peers listened to me helped me feel more calm and the feedback they provided was very useful in improving my speech techniques.
They smiled and looked at me either nodding or laughing which made me feel better about my speech.
1. My classmates gave me great constructive criticism. 2. The group discussions allowed me to converse with my classmates and share my thoughts.
clapping and peers asking questions and having there attention.
1. Eye contact 2. Smile
Two behaviors performed by my classmates would be eye contact and agreeing. These have made me feel respected, valued, and heard because my classmates have been giving me full attention into what i am saying.
moving around the stage, and using hand gestures
1.whenever I speched in front of class, I can see they were listening to me. 2.After class, some of my classmates would still talk to me about my topic.



**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
I liked that during speeches everyone kept quiet and gave me attention the entire time. ' another is how they were willing to answer my questions.
We really cheered each other on when giving speeches and they were really attentive when someone was giving a speech.
The classmates concentrated during my speech and made eye contact with me which made me feel respected and valued
They clapped and responded positively to my speeches.
I got some good feedback for the discussion responses and giving my speeches.
They pay attention to me whenever it is my turn to talk and they would consider my idea before deciding whether it is bad or not.
People Smiling and Stephane being such an awesome teacher (give her a raise)
While giving my opinions or presenting a case study, I could see my peers listening and processing the information. It was also nice to know that while others were giving their opinions, they did their best to be open minded about how others felt and were careful not to offend anyone.
I quite like having a table group to sit at, and after a speech a few of us would congratulate each other for a good speech. Also, the audience was very responsive to what I say when I try a joke or talk about something serious which made my speech feel important.
asked questions on my said topics that I spoke about.
enthusiasm and helpful
1. Classmates oftentimes vocalized when they thought a job was well done, or gave constructive feedback. 2. The peer review feedback was always fair, balanced, and helpful.
The peer reviews definitely were appreciated, also when people told me they loved my speech at the end of class
They always make eye contact while I'm talking, it means they pay attention to me.
focus and breathe
getting asked questions and being listened to
The two behaviors that make me feel valued in the communication class is when they provided their honest opinion on how I can improve my speech and listening to my speech without jumping in.
When we did our second individual speech and we got feedback it was a good way to get some useful information based on what one of our classmates felt about our speech. Another thing I liked was when we had to talk in groups or with another person they would show politeness when it was my turn to speak and that showed that my time was valued.
One on one feedback and also peers reviews.
I love how my classmates are willing to listen to my opinions, and we all work together to figure out a solution, if there were conflict presented.
Listening and analyze my ideas when we discuss an issue.
1. Attentive and curious looks when I was giving my speech. 2. Asked questions to further gain an understanding about the topic discussed in a speech.
feedback for my speech. comments of discussions.
In general when I spoke, it seemed as though most people were listening and that always makes me feel as though what I am saying is valued. I also appreciated the fact that there were no interruptions and people generally came to class on time, so there was no one opening the door while someone was giving a speech. The environment was pretty good this quarter. We had many different kinds of people in class and that always made things interesting.
After doing my speeches, my classmates would give valuable feedback and you can tell they paid attention. They were also really respectful and quiet during speeches.
I think the feedback I got during the speech made me feel valued, specifically when I was told my speech had flow and was very informative. The other was when I saw that everyone was silent, muted, and listening. That made me feel very valued and respected.
They listen to my speech and give positive feedback which is what I need.
1. When they actively participated during my final speech 2. when certain members of the audience would nod or visibly react during my presentations

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
It was nice to hear responses from my peers during the discussions. Also, receiving detailed feedback about my speech afterwards through the peer evaluations.
they were so friendly omg i lov them -talkative&sweet
when they were paying attention to my speeches, no interruptions or talking while I was presenting
The feedback just after my speech. I was really glad my classmates were able to catch my points. Another thing is nodding. I could see somebody is nodding, and it helped me to present my speech with confidence.
Class was paying attention and giving constructive feedback
Constructive feedback and smiling faces whenever they could relate to the topic
feedbacks and support
I think any kind of noticeable reaction that they have during a speech is usually really encouraging, and eye contact if I happen to look at them in the speech.
Classmates participating in discussions and also classmates giving positive feedback
their nods and effort to listen.
I listen and encourage
When they maintain eye contact or respond/react to information I present.
1.Do not look at their cell phones during the speech. 2.Do not talking with each other.
Having most, if not all, of my classmates face me and actively listen to my speech made me feel respected when speaking. In addition, the critique letters allowed for my opinions to be heard and valued, along with those of my classmates.
trying to bring me into conversations and asking my opinions
They gave their most attentive behaviors and respect for whoever the speaker up in the class
The positive feedback was very helpful from every classmate
While working in groups for the two speeches I thought my group worked really well together. I felt comfortable with them and I was able to openly express my opinion. They included me in decisions and we all did our part to make the group successful.
They laugh at my jokes and funny story. They made me feel like I was relatable to them.
active listening and behavioral cues
Asking questions, listening to answers
- group discussion boards was a nice way of getting to know my classmates - their comments to my posts were always respectful
At the end of my speech a lot of hands were raised when people had comments, thoughts, questions or concerns. I've always got that my speeches were very good and that it related to my audience somehow
Asking question after giving a speech and expressing their personal opinion about my speech and topic.
For the most part we became really close at the end. We became this familia in sorts and this bond that will go outside of this class. At first we were scared of opening up to our feelings, however after every class or before class we talked about life and gave each other compliments.
Laughing and being intrigued by wha t I have to say. One day I showed up late and I didn't even know we had to give speeches. The class was supportive and I improved it and felt very confident after. Responsiveness and support.
No actions by my classmates helped me feel respected or heard in my class.
When everyone would clap before and after a speech and giving me their attention when I presented
I felt the most heard and valued when my classmates were responsive to my speeches with laughter or head nods and eye contact.
The listened and provided good criticism.
1, My instructor talked to me when I missed the first online homework, this made me feel that I have been taken care of. 2, My instructor always offers tailored feedback to my performance.
Everyone looked at listen to what I was talking about in my speeches. They noded too when there was a topic they agreed on.

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
Two behaviors that help make me feel respected in class by my classmates were telling me that I did a good job and hearing good reactions from the class.
Eye-contact, them remembering information from my presentations.
applaud and smiling
I felt appreciated and respected.
-show enthusiastic when giving a presentation -interact with people while giving a speech like asking and responding to the questions
-Their feedback on my speeches -Questions that they asked after my presentations
People asking questions, speakers asking for volunteers
Eric is a very nice people because he did listen and encourage me.
Everyone is paying attention and ask questions to make you feel comfortable.
Maintaining eye contact during my speeches and the feedback letters.
Applause and appreciation
Eye contact, body language
I guess when people wanted me to be the leader of a group project it made me feel like my input was valued. Also, Emily was super encouraging when I was feeling stressed out and helped me relax once in a while when I was nervous for speeches.
one action is when clasmates support you no matter if you are neveus. they don't laught and communicated with you after your speech. second action is when they look at you and feel what your saying.
The smile and giving the opinion for my speech. I feel they really focus when I was talking.
Positive feedback from my peers after my speech encouraged me and gave me the confidence I needed to speak the next time. The climate of the classroom made me feel safe and respected.
Some of the classmates pay close attention while I was speaking and some smiles at me which calms my nerves during speeches.
look at me and smile
give feedback and comments
Answering for my questions and nodding when i was stating my thesis.
We shared our thought during the classes, and all their ideas were of great help to me.
Mostly everyone was attentive during each other's speeches and almost no one was ever on their phone when another student was giving a speech.
I liked when I had my classmates eye contact. I like having feedback from my classmates.
Clapping and Cheering
They paid attention during my speech and gave me feedback about my performance.
friendly and respectful, ability to communicate and talk about hard conversations.
A lot of encouragements, and constructive criticisms
Using very clear and organized visual aids are very good work. Trying to be a professional speaker is great credits and that was very respectful.
Welcoming and Attentive
clapping and eye contact. knowing my peers helped too
truly listening to my opinion, asking my my opinions if I hadn't shared anything yet
It was mostly basic stuff, really: listening attentively during speeches, and laughing along during the moments when I tried to make humorous moments. Outside of speeches, everyone was great in that nobody did anything I find bad, like harassing anyone else.
Teamwork and Deadlines were the behaviors which helped me feel respected, value, and heard in my communication class. When it comes to preparing a speech, we had to assign who has to do on what part of an outline and deliver the speech and it saved a lot of time as a team. We also had a deadline that we had to submit the outline and prepare a speech at a particular time, at a particular date to avoid procrastination.

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
1.My group members often actively help me when I don't understand the problem. 2.My team members are very sweet and interesting.
When our speech was evaluated by others and how everyone respected and were quiet during speeches.
They were silent when it was peoples turns and they tried to understand.
The eye contact during my speeches, laughing at my jokes throughout the speech.
positive feedback, and active listening
The interest in their eyes and when they clap at the end.
Everyone for the most part was welcoming and connected with me even if it was something little like asking me a question.
listening my contribution and helping me clarify the point that I confused.
They all actively listened whenever I shared ideas within a speech or group discussion. Everyone was always so positive and supportive.
My classmates had good great reactions after each speech. The class also capped for every single speaker.
I felt valued when people laughed during my speeches when I was hoping because it meant that I did a decent job. I also felt respected by simply eye contact. I knew that they were at least attempting to pay attention and not bored out of their minds.
Having everyone clap before and after I gave my speech, whether they listened or not, made me feel appreciated and heard. Also, having the tables set up in a circular form that allowed us to have better conversations was helpful in making me feel included.
Laughter and handclaps.
When they giggled or laughed at my attempts of humour and when they give small indications of their opinion to show that they were listening.
Encouragement that I will be just fine and engagement when my it's my turn to talk.
They all laughed at some of the remarks I made during a couple of my speeches. I also saw that they mostly looked interested in the speech and i knew they were listening.
Positive feedback from audience helped me in a way. Saying the good things about my terrible speeches.
listener, confidence
Whenever they would ask questions and try to learn more of me. Also, the eye contact and laughter at some of my jokes.
Classmates who paid active attention and responded to questions I asked to the audience were sources of encouragement for me. Also, when students gave feedback at the end of a speech, I obtained a sense of how my speech affected other people, and that was a rewarding experience for me.
Kyle and Negin. they are really friendly to everyone. everytime they give you a smile when they see you.
They payed attention and really participated in activities given by groups presenting.
Erick gave his speech well and I learned in this speech that each student can do it same as he didn't it.
The clapping really helps ease the nerves, also when they'd laugh at my bad jokes
The peer critiques were a big help in boosting confidence and seeing where I could improve. The self critique also helped as it made me identify my own mistakes and writing them down helped me remember them and keep them in my mind for the next speech I gave
- Everyone listened respectfully when I speaking up my idea. - everyone clapped when we finished our presentation! :)
1. asking questions; 2. eye contact
they respect my accent.
Peer review- group conversation
Classmates checking up on me whenever I miss class and keeping updated with important information I missed.
My partner encouraged me when we were doing the debate. My classmates are friendly to help me.
The openness in the class, just having everyone so open and understanding helped me feel respected. The mandatory peer responses as well helped me feel heard since someone had to review my speech.
They keep quiet when I am talking and have eye contact with me.
When they looked at me, and their facial expressions that engaged with the facts I presented. Also laughter.

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
When they would laugh in class when people were trying to add humor. They would also smile seeming like they were interested in what we were speaking about.
Attentive listening. Relevant questions after speech.
People asked me about my youtube channel multiple times after my first speech, which told me they cared and paid attention.
Eye contact and nodding head
-Quite when presenting -Asking questions when the speeches were over so you knew that they were listening.
They didn't laugh when I made a mistake while I was up giving a speech and complimented me about my speech afterwards.
Listening, responding
A behavior that made me feel respected and valued was when classmates listened to my opinions and inputs without judging me. An action was undivided attention that was given by classmates in every speech and class activity that was performed.
feedback and respect
Everyone was open and didn't judge.
2 behaviors would be acknowledging what I said and being respectful with the response
Listening, being quiet and nodding while doing a presentation.
Practicing active listening. And empathy building where we sat in a large group sharing personal stories.
The class was always willing to listen to whoever was speaking and always supported one another, instead of shooting someone down. They also seemed very welcoming since we were able to speak freely without feeling judged or nervous.
Handshakes that were given before the speech or peer critiques that were valued and helpful with what I did good and what I need to improve on.
-The positive peer critique feedbacks. -They are all kind and respect me by listening during my speech.
Adam and Lynze said I did great
Smiling and nodding during speeches, and respecting others' opinion
being friendly and sharing experience.
1. People gave me feedback after I gave my speech that really helped for the next speech. 2. People in the class showed respect for me as I was allowed to give my opinion without facing backlash
Eye contact
The feedback from classmates on my speeches. The dinner party allowed everyone to sit in and allow others to speak.
they followed the active listening behavior when I would perform my speeches
The feedback that they gave and they always asked me questions after class about the speech I gave
Listening and being involved
Working together to come up with topics we agree on to debate, but also peer reviewing each other's work :)
Two behaviors from my classmates that help me feel respected, valued, and heard is when they listen to my speech and ask questions. I feel respected when my classmates listen to my speech. I also feel valued when they ask me questions because they help me with my marks as I need at least 3 classmates to ask me questions. With that, I also feel like I am being heard because they listen to me otherwise they would not pitch a question for me if they did not listen.
Before doing speech 1, there was an activity when the teacher opened around and when the music stopped, we performed our introduction and conclusion, people were so nice and encouraged me a lot with my speech even though I didn't have confidence in performing speech 1 so I skipped it. The second thing is before doing our debate, when deciding who will do which part and I told her that I was not confident in my English, I was afraid that I would fail but then she (I actually don't remember her name but she was in my debate group) encouraged me and said that be confident since everything would work out. That is so niceeee
- Everyone tries to participate and ask questions during the q&a session. - everyone keeps their attention while I am giving a speech and try not to enter or exit the classroom.
Supporting and no noise while giving speeches out of respect
Every time I speak, my classmate always pays attention to me and applauds me. This makes me very encouraged

**Question: 27. Describe at least 2 behaviors and/or actions performed by your classmates which helped you to feel respected, valued, and heard in your communication class community.**

Response
1. The classmates applauded my speech. 2. They gave me feedback on the speech.
Listen and eyes contact.
Eye contact and applause during the speech.
This was most friendly class I ever had. Everyone in the class was down to talk anytime. Mostly on topic but even that could help to build confident talk between two unknown people. Also, I like the question-answer idea after each speech.
Smile
peer review and group activity
gave me undivided attention
My classmates often offered much encouragements and were extremely friendly. I am very introverted but I knew if I needed help from my classmates they would be there.
doing group activities and discussing my topic with my friends made me feel respected.
Paying attention when I am talking, and showing interest in my opinions.
Some actions that my peers did to make me feel respected, valued and heard in my communications class community was starting off and ending with an applause. The reason why this helped was because it boosted my confidence allowing me to know that they are attentive and listening to me present. Another action that my peers did before speeches was give me a handshake and advice in order to not be nervous and more confident.
All the group work as well as being in a circle table!
Applause. Attention during speech
During dinner parties everyone really respected each other's opinion even though we were talking about some hot topics everyone remained calm and civilized. Also, in the class in general it really felt like no one was judging, just very accepting and nice. Like when I was crying I for sure thought I was being judged but my group was so positive and gave me fist bumps for like every speech I did.
listened to me and commented based on what I said
They listen, share opinions, and compliment my speech.
Two behaviors that helped me feel respected in class was my peers actively listening during presentation and giving honest feedback.
It helped me when my peers listened and paid attention while I was speaking.
My classmates are so friendly and they always listen, encourage me during the speech by eye contact. Moreover, they also give the peer-review positively and valuable recommendation which helps me improve my next speeches better.
Sum up the main topic and encourage to talk more!
were engaged in conversation during the dinner party, and active listen to my speeches
SOLAR listening Also I became friends with a few of them members in my group speech
The first and last group project.
Asking questions and seeing people nod in agreement when I speak

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
?? and ??
Not sure.
feedback would really help
he actually talks to us as people not like if were dumb also he makes the whole class participate
party activity and work in group
They very first assignment that had us inter view a classmate and introduce them was a good icebreaker and very involved. And the second would have to be the persuasive speech. It let us dive into something that was pertinent in our lives or something we were passionate about. Made us feel like people in the class were actually getting to know us.
Self critique. Brainstorming in class.
Speeches overall were a good experience. Demonstrations were also good in setting an example.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
Reading out loud from textbook and posting in discussions to claim topics.
introduction speech, informative speech, story time
Karl always listened and answered my question well. He encouraged our class to give a great speech. He was really nice!
be called, eye contact
Being able to come forward with any questions or remarks during lectures, and the feedback I got after assignments were quite comforting because he always seemed to think I did better than I felt I did.
1. I approached the instructor very early in the quarter about a speech topic I wanted to do. The instructor was very interested in my proposed topic and that made me feel as though what I was interested in, interested the instructor and other people. 2. Spex 1 was helpful in letting me get to know some of my classmates. We had to work together to present a short speech on a specific location on campus. This allowed me to learn more about the group I worked with and felt included in the process.
The question activities which we do in the very beginning of class. Group discussion about our speech.
The 3rd speech really made me feel like I could show who I was and what I care about! And the 5th speech makes me feel like I can open my vulnerable side up, and show what I feel needs to change in the world.
- my professor asking me about how a personal issue was going - my professor making me second-in-command of my group
Many class activities such as a group presentation and a group speech with my other classmates helped me to learn more inclusively as an individual. Also, the instructor made the subject very interesting by asking us to read the chapters prior and bring two discussion questions to every class to earn extra credits.
I believe the instructional and informative speeches really opened my mind up to who I am as a person. It was nice to be able to share my passion of music with the class and made me realize how much I love it at the same time. The informative speech was nice because I was able to share another aspect of things I was passionate about. It's interesting to be able to share these things with others.
positive feedback, respect
when i had to talk about me in front of the whole class and when she let us pick a topic we wanted to present on
Group activity in class Giving a speech with my own topic
One was the act of kindness assignment, because even though I do not seek out to do those kind of things all the time, it was nice to do those kind of things and help others (which I do like doing). Another one was the individual informative speech, where it was nice to have the freedom to talk about anything you want to talk about (depressing or positive).
One activity that made me more inclusive was the discussion of the issues that each gender faces. I was able to voice my opinion in certain topics that women face and how I feel about the issues at hand. Another activity were the impromptu speeches because I did not have much time to think of what I would say. I could only say what was on my mind, organizing my thoughts as I speak.
Our speech of introduction allowed me to present to everyone who I was and my informative speech gave me the opportunity to discuss something that I felt extremely passionate about.
-
She gave us different warm ups every day to give us a chance to be comfortable with our classmates.
1) I liked the speech where we had to demonstrate a topic, as I was able to present on something I knew well, thus being a comfortable starting point, and was able to improve my speech skills while staying in my comfort zone. 2) The speech where we had to research a topic and present on it was good, as I was able to explore a topic I personally am interested in, and am able to hone my speech skills through the presentation of that topic.
The ceremonial speech and the demonstrative speech. Those two speeches helped me realized what things I truly value in my life and served as a way I could reflect on how big of an impact it had on me.
demo informative speech given by our professor was great i really like his speech and learn many thing fro his speech. 2. The speech given by chris was amazing his informative speech was outstanding. i learn to be calm and well organized from his speech.
Informative speech and demonstration speech.
The persuasive speech made me be able to explain my position in plastic pollution and the narrative speech I was able to share a story about myself and let the class get to know me better.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
Gave positive critical feedback to do better. Also lets us know when we were on and gave us an around of applause every time someone spoke.
The informative speech help me take my speech skills to the next level because I had to prepare for that one really hard. I also think the impromptu speech helped because I had to make up things on the go in a short time to give a good and effective speech.
His lecture gave me the idea of how to make a good speech and generous comments really encouraged me.
The speech activity about current issues that are taking place around the world really helped me feel more inclusive in the class. I also enjoyed the introductory activities where we introduced ourselves to the rest of the class.
The Name plate activity and the informal speech
1) group class assignments were helpful 2) we have creative freedom to choose what topic to present. I feel much more inclusive and calmer when i present a topic i like
Mini group speeches, and helping one another with our outlines
Introduction speech, Demonstration speech and each group discussion in which all of people had to share their opinions.
ted talk speech , discuss ion board where you get to know the board view .
-The instructor was understanding -The instructor had good knowledge about Public Speaking
the minor speeches we did in class such as the pet peeves speech, I talked about something that wi was confident about which made it easier to talk in front of a crowd. The deviant act project somewhat helped me, because I had to talk with strangers it kinda gave me a confidence boost to be able to do that. I was proud of myself because I would have never voluntarily done something like that, so it was interesting to try something out of the ordinary for me.
The final 2 speeches, Persuasive and Informative made me feel more inclusive as I got to choose my topics and teach/show the class what I am passionate about and a little bit more about who I am.
Final Speech and activities with my classmates during this quarter
Speech and individual assignments
The yelp discussion can let me show my special taste to my classmate and disccusion together. And the first sppedch, story of my name, can let my classmates know more about Chinese culture and I can show them some interesting story behind my name, that is cool.
group projects. act of kindness and create a product
She always calls my name properly (which doesn't happen normally) when she calls on me. She comes around the tables to see if i'm doing okay, which makes me feel supported.
Individual informative speech & Nametag Speech
The speech I had to give about myself and 3 groups I identified with. The discussion on reclaimed slurs.
Action items were cool and also these surveys were too
I think the speeches and the group activities let us express ourselves, starting by group activities, then going to speeches.
The first major informative and second major informative with a visual aid made my learning feel inclusive since it let me do whatever topic I wanted.
doing a good dead group project and discussing ways to improve in public speaking
persuasive speech and engagement speech
The discussion boards and the group speech made me feel more inclusive. The discussion board was a way I could communicate with my fellow classmates and bounce off ideas on a topic. The group presentation gave me a sense of unity in going together with other people on a speech.
The soapbox speech I think was great because I got to talk about something that is important to me and that I am passionate about. The name speech was also helpful which made it so all my classmates knew who I was and made sure they knew an important part of me throughout the rest of the class.
Connecting emotionally with the audience and understanding the need to be careful and not make every speech a persuasive speech.
The informative speech allowed me to speak on a topic that I'm passionate about and I felt it was a great assignment to allow the student to have free reign of their speech. Another assignment would be our discussion on effective communication and satisfaction between two people, in addition to our discussion about love language because I felt I could connect it to any relationship I am in.



**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
I think my instructor gave a lot of helpful assignments and made it feel inclusive to me. The lectures always felt related to life and so personal which helped me to absorb the material. The group discussions were really nice because we got to connect with our classmates and spread knowledge and ideas. Overall it was a good experience.
The random act of kindness has me feel a sense of comfort and the final presentation group work is making me feel included in a safe space because college can be very self reserved.
The in class speeches where we could choose from 3 different questions and the pet peeve speech.
The how to speech and informative speech were fun for me
I really enjoyed the fact that we were allowed to pick a topic that we enjoyed for our presentation. It helped me understand how to improve my presentation skills instead of having to learn a new topic. The Detailed feedback on each of the presentations helped me worked on improving the future ones.
-one activity was our soapbox speech. After the session was over, Professor Kaur stayed online to help a few of us out with outlining and planning for our next speech. It made me feel like she truly cared about my success, as she gave me personal advice for the structure of my speech. -Also, after every speech, professor would give each student her own personal feedback which was useful for each of us to work on our flaws and perfect our individual strengths as a public speaker.
Discussion boards and speeches gave me the opportunity to share my ideas on a topic and to have a feedback and an opinion exchange.
The fishbowl exercise and the interview exercise
All the discussions have made me get better at preparing for speeches and the flipgrid discussions have made presenting easier in an online enviroment.
He told us a lot about his own private life and got us going. He asked follow up questions to show that he really cared about our stories and our opinions.
1. Good feedback on my speeches. 2. Called on me to participate in the class mindtrap/opener.
demonstration speech and narrative speech
1. When there's a speech, Karl always call our name and gives us claps. 2. Karl is nice and polite to answer the question and teach the class.
I think all the group activities and group speeches made my learning more inclusive as an individual because I did not feel left out of any discussions or excluded.
impromptu speech and persuasive speech
the strategy worksheet and reading
1.Professor told a story and we need to repeat the story to the next one. 2.Visual aid speech
the community engagement made me realize how to work in teams and who i am within those teams, as in what kind of team player I am
Doing speeches that I am familiar of the subject and doing some impromptu speeches
Giving feedback to other classmates speech made me feel more inclusive and the way how the instructor induced us to answer to a question made me participate in class
The major informative speech helped me do more research into what I want to explain and thus helped me grow as an individual. The final major speech helped me grow even more since I wanted to put in a lot of significant effort.
Choosing a topic
The solo speech and the interview made my learning feel more inclusive as an individual.
The heart surgery and the contriversal topic speech
1) Job search and resume assignment put things into perspective for me as an adult and student, especially alongside other students and with the guidance of a wonderful professor. 2) Online discussions helped me connect with the classmates, learn of their perspectives on given topics as well as allowing mine to be read and discussed.
I think the comments given after the "daily question-answer" session made it really nice to hear some sort of feedback, which showed the instructor was actually listening. Making jokes or sharing personal stories throughout the class made it easier for the students to blend into the background and just made me feel like we were sharing the same experience.
none
1. The discussion of Colin Kaepernick and why classmates thought his actions were deemed inappropriate or admirable was very enlightening. 2. The heart transplant activity shed a light on how opinions were formed and changed, or not.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
The informative speech and persuasive speech definitely both helped me realize more about myself and my passions by speaking about them to the class
The first introduction speech and the individual communication lecture speech made me explore myself more as an individual.
smile make a joke
speeches and discussions
The two activities that made me feel more inclusive my the instructor is when she took her time to listen to my speech outside of class for improving my skills and providing comments on my work.
Evaluations were really helpful because it helped us express our feelings based on what we thought on our performance. It was a way to help us in the future with what we liked and didn't. The second thing is the dear abby paper. It was an interesting assignment that at first I was confused about but once I started working on it the assignment made me feel better because it was a way to share part of my life.
All the activities that made us to communicate to each others and also in the way that my class was taught .
Group performance and individual speech.
Discuss and analyze issues to choose the best idea for our group
The cultural commitment speech and the impromptu speech.
Social issue speech and persuasive speech.
Honestly, Stephanie is just the best. She has so much good energy just going around and she is always so sweet and encouraging. She gives everyone an opportunity to speak 8n her class. She doesn't force things, but you have chances to speak your mind. She listens, she works with students when there are things going on and when she gives feedback on speeches we have done, it is never negative. She always has such good things to say and she always gives constructive feedback. I just love her as a person and I love her as a teacher. She is just the best.
Two activities were the social issues speech and the persuasive speech. They both made me realize what I like to talk about and what change I want to see in the world.
I think one assignment that made feel inculsive as an individual was the assignment on yelp review. This made us research something heavily and further analyze it. The other assignment was the recent persuasive speech. I think this summed up the quarter topic overview really well, and taught me how to persuade my audience on a topic of my own choice.
1. the personal questions for the impromptu speeches 2. giving us freedom of choice with our major speech topics.
I enjoyed the informative speech discussion and research. I also liked the personal speech about what group/cultural artifact.
the engagements and the fact that we get to pick topics
freedom of choosing a topic to present, respectful with our topics, using diverse examples that included different people , races, and all in a respectful way
Flipgrid activities. We can actually see others' videos and respond them with videos. Another one is discussion activities, specifically peer response. It helped me a lot what other people are thinking about my discussion posts and expand my thoughts.
Advocacy speech as it shows the interests of each other and soapbox
Being able to choose the topic for the Persuasive speech helped me share the story of my country and my closest friend. Another great chance to open up as an individual was the first speech where we all got to share the story of our names.
Self reflection and persuasive speech
During the informative and persuasive speeches I had the chance to not only educate myself more on my topics, but I could also express those ideas to the class, and hopefully have them learn a little more.
Giving out verbal feedback on how to improve my speaking or presentation and also demonstrating example speeches for each speech we were given helped a lot. It gave a deeper understanding of what speakers should do as example when presenting to an audience.
When I'm giving Major speeches, i try to give content that I understand so that I could deliver it to the audience better. I try to be myself and at the same time fighting my fear of being in front of an audience. Practice speeches allowed me to share some things from my past with new people. In some ways, it became a reminder of how i become the person that i am today.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
The minor speeches made me feel individual because it told me who i am and what is my behavior like.
The questions he chooses for the one minute speeches vary in topic and deepness so there are a lot of opportunities to feel included. I like when we were given the options to talk about anything pertaining video games and when we could talk about our favorite animated movie.
1.Group presentation. 2.More feedbacks
I think just simply allowing us to contribute to class discussions made me feel more inclusive. That and the introduction speech-it helped to share different stories and backgrounds, making the classroom a diverse and safe setting.
The speech on any topic of our choosing and the play
All the major speeches really give me a glimpse of who I am because for the 3 major speeches we get to choose what topics we want to write about and we are free to write however we feel as long as it meets the requirement
Feedback at the end of the class that she praised the work I always put into speeches made me feel more inclusive, especially in an online setting
The instructor made the last two speeches group speeches. This helped me feel less anxious about the class as well as allowed me to meet new people. I also liked that when choosing groups we got to talk to everyone in the class and decide who we thought was going to work well. I found that this allowed me to get to know my classmates.
My professor giving good advice and make us feel comfortable, low context. My professor also gave a little speech before he asked us to give speech on any topic. I feel like that gave me idea of what I need to talk about.
small speeches and show and tell speech
Talking about slurs and reclaimed slurs, perspectives speech, cultural identity speech
- advocacy speech - persuasive speech both speeches gave students the opportunity to speak on an issue that is personal to us.
When my professor would have Questions of the Day it made everyone interact and relate like "what are some words you hate to say or hear." Also the "What do you hate about groups" and we started talking about the different responsibilities everyone takes and right off the bat I knew which one I took on.
Sharing personal stories and experiences. Also, doing an outside activity where people joined the circle if they were related.
I think the introduction speech and the persuasive speech. Which were the first and last speech were the ones. Because I saw the growth I had in my speech and how I took everything I learned from Professor Lee and the peers in the class.
The first assignment introducing our partners the 1st and second day of class. The final project seeing it all come together. Everyone improved tremendously.
No actions by the instructor helped me feel respected or heard in my class.
The informative speech and the persuasive speech because you were able to pick any topic you were passionate about and wanted to tell the class. It allowed you to express your feelings and thoughts on a specific topic without feeling judged
When my instructor asked me questions after my speech, it made me feel respected and valued. Moreover, my instructor gave constructive advice about how to improve my speeches which made me feel supported.
The first assignment were we would just talk about who we are. Then the last assignment were we could use story telling as a way of persuading someone.
1, different 1-2 mins topics have built the bonds of this course and my self awareness. 2, The whole course is personal life oriented, which is very pragmatic.
Small speeches, such as topics to talk about that relates to personal stories really help me get a good sense of myself and others in the class. The major speech help me to prepare speeches that would be given in a more professional field. Overall, these activities give me a good sense of what I need to improve on.
Two activities that the instructor gave the class that made my learning experience feel more inclusive were working with groups and participating in short speeches.
Major speeches, minor speeches.
individual presentation and the final project
The group activities and the informative helped me get up and speak.
-chatting with students before the class - giving a lot of questions for students to discuss as a group
-He is very knowledgeable -He knows how to explain the concepts of speech presentations.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
Improv Speech and group activities (any)
The individual speech, I know my weakness. Final project, I have a lot of fun.
Gave us examples and we expressed personal experiences.
The lecture on how to understand the audience and the introduction speech.
the first group project gave me a chance to be involved in a group. Everyone was cooperative. the discussion about the type of conflicts helped me how to react to a certain conflict.
Group informative speech and perspectives speech
When we did the first group project I was actually very proud of the outcome. I was afraid ours would be boring, but the people in the group made it entertaining. When we had to do our own speech where we were presenting slides, I felt very confident and I didn't feel like I stumbled on my words.
one of the activities was about my background speech. I felt that student were focused during my speech. Secondly, activity was when we were describing one encounter with someone and we had to described the facts.
Speeches and discussions. Because I need to share my classmate what I thought or what I want them know.
Post speech discussions, group informative speech
The last major speech allowed me to express myself and talk about things that I really like to share with everyone. The show and tell speech is also a great one.
a short speech and quiz
I think is the assignment that make me feel more attend to classmate, and the speeches due to the ZOOM is a good app.
making outline helped me a lot. It was helpful to make my thought organized. also the last speech was helpful because i could try what i have learned from the class on my speech.
First individual speech and second individual speech made my learning feel more inclusive of who I am as an individual.
We did a show and tell speech where we were able to bring in almost anything we wanted and I felt it gave a personal feeling. Most speech assignments students were able to choose their own subjects and even when we weren't able to choose ourselves we were still able to relate to the subjects chosen for us.
When my instructor called on us for personal input I felt more important to the conversation. When my instructor remembered certain details from past interactions I felt more inclusive as an individual.
My point of view and my cultural identity
The speeches helped me make an identity in class and making friends around my tables.
Community engagement and difficult dialogs I learned a lot.
the perspective speech (allows our voices to be heard),online discussions.
Doing the group discussion is very interesting and great opportunity for knowing other opinions. Mind traps at the beginning of the classes are very funny and gave me deep thoughts.
Gender Identity and Ska
I liked all of everything from this class. I soooo would take it again
job resume assignment, all of the online discussions
-Near the beginning of the quarter, when we talked about how everybody is equally bad and nervous about giving speeches, so nobody's gonna care if you screw up. -One specific assignment would be the first day introductory speech, in which we expanded on our sense of community within the class.
Community engagement and in-class engagements were the ones that made me feel more inclusive of what I meant to become as an individual.
1. I really like the teaching method of the teacher, which makes me feel very relaxed and not easy to be nervous. 2. I think the second speech helped me even more because of the experience of the first speech and more time to prepare.
I think a lot of it were the speeches. Just because you made us think about it a lot and we had to be engaged in it.
the speech and us having to move seats every time we come to class.
Definitely the pop speeches where there was no way to prepare for the topic. That activity helped me being able to share personal stories in class without judgement. Another activity that made my learning more inclusive was the speech of introduction. Being able to share some things about me through someone else and having to talk to that new classmate was a big part of feeling included in the class and the learning. I've gotten much better at public speaking since that assignment.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
show and tell speech, and major persuasive speech.
The activities that had us speak about ourselves made me more inclusive because I wouldn't speak about that in a speech format before. Another thing that made me feel more inclusive was how the teacher was willing to use his own personal stories to connect to us instead of using book examples.
Group speeches and sitting with different people in my class.
- Telling personal story in class - self in a bad presentation
I felt that the instruction for how to navigate group projects was helpful. The activities were also very inclusive to people in each table group.
The professor told us funny stories of past experiences. He also spoke to us as though we were acquaintances, not students.
I really enjoyed how our final speech was an informative about pretty much anything we wanted. Through this opportunity, I was able to share what I am passionate about along with learning about my peers through their final speeches. Also, learning about concepts such as low context, Monroe's Motivated Sequence, and filler words allowed me to connect them to my life to expand my knowledge in the important subject of public speaking.
I enjoyed the personal speeches that the professor gave us options to do. It allowed us to share and get to know one another. I learned a lot about my peers and I feel as though I was able to make myself be visible.
Discussions about cultural differences in communication such as high/low context and power distance. Visual aids speech.
Whole-class answering of questions were good, they helped me learn more about my classmates. Group speeches were also fun and inclusive.
The group speech where we made a play and the individual speech .
I would say the Random Acts speech we had to do, I was able to get closer with my classmate I did it with and we had a lot of laughs and I felt more comfortable with the assignment. Also I would say giving the introduction speeches at the beginning where me and my classmate were teasing each other out of fun and we never took it seriously and it definitely made me more relaxed and chill about the class.
The in class random speeches made me feel inclusive with the class. The big, longer speeches helped me learn more about myself and how I perform.
draw picture decorate a bag
Definitely the Narrative speech assignment because I had to tell a personal story along others. Impromptu speech on pet peeves and sharing them with everyone was fun.
The introductory speech allowed me to share some background of my life, and I saw that I was able to bond with some people because we had similar interests. The informative speech was also a great assignment because we could choose to speak on any topic of our interest, and I shared my passion for surfing with the class, which made this speech fun for me and other people enjoyed it, too; I was glad I could speak on a topic that other people enjoyed listening to.
Giving a toast to a specific person and what impact they had on you. The group presentation on being persuasive made me feel inclusive because we really worked great as a group.
one of the speeches that we delivered in class, was one of the most intense in class, because everyone passed and give their speech.
Show and tell speech and the persuasive speech really helped me to show who I am more as an individual and also to show me how I do have strong valid opinions that deserve to be heard
Choosing our own speech for the out of class speech critique was a nice idea as we could explore topics we found interesting rather than everyone do a common one. The strategy worksheet was also a nice exercise to do as it helped look for topics that we would actually enjoy speaking about rather than being assigned a topic or choosing one from a preset list.
- I remembered there was one in class assignment when we have to come and sit in a table with 3-4 other people and discuss about a topic. I was very engaged. - At the beginning of this class we got to sit in 2 rows and introduce ourselves to each other. I enjoyed it a lot because I have never talk one-by-one to so many individuals like that.
1. repeating the questions before answer; 2. speech outline
when he gave the first speech to bring examples.
facilitation role- engagement activities

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
Informative speech, and persuasive made me learn about speeches and helped me with my speech inside and outside my class.
The first speech and all dinner parties.
After the very first speech, I really liked the fact that people had the opportunity to ask people questions to know more about a person. And although I wasn't able to participate in the discussion of BLM movement, I thought the mere fact of having that as a discussion was excellent work on the part of the teacher. I thin however, a more controversial and more current topic would have been better.
The two major speeches in this class makes me know more about my weakness about my public speaking skills. Also, the dinner party is a really good exercise that helps me learn more perspectives from others as well as know more about myself.
I loved the first 2 activities, the values speech and the introducing ourselves to the class.
I feel like the info speech was a tough on trying to stay neutral on controversial topics. That's was the only one I feel like this class can do without everything else was great.
Nothing.
I loved the game we played that was like charades, and also the dinner parties.
Dinner party and speech 1
-Our first impromptu speech. We all gathered in a circle and shared stories about things that shaped us into the people we are today. -Our last speech when we got to pick a topic that was important to us and were given the opportunity to make a difference.
Whenever we would do the roll call and he would us ask questions as we went along the roll. This was another thing that allowed me to overcome my fear of sopeaking in f ront of people.
Constructive feedback, nice comments
The dinner party made me feel inclusive because knowing some of the views I hold on America are also held by others made me feel okay. As well as peer reviews on speeches made me feel inclusive beacsue we all gave each other feedback on the positive as well as negatives.
propasal and discussions
Learning different activies for the facilitation and the facilitations themselves.
2 specific activities would be the group sharing activity as well as the discussions after speeches
The speech on My Culture. This was great to learn more about each person in the class.
my 3 cultures speech allowed me to share about myself in a safe space. As well as the activity where we sat in a group and shared difficult stories that affected us in the past.
The instructor allowed gave us speech worksheet outlines that made it easier to structure and complete our speech. He was also very kind and welcoming, constantly wanting the whole class to take part in class activities and discussions.
The informative and demonstration speech helped me know more about myself.
The speech itself that I need to do in-front of the class and group discussion with my classmates.
See 26, same activities
Dinner parties, specifically the feminism-related one, and the first day of class where the professor let us ask her questions.
sharing self story and the culture speech.
1. The activitiesthat when we formed a circle and we got to share one hardship that we went through in our life and a lot of people were emotional. 2. I liked giving a speech with a group because I was not up in front of people by myself and it took the pressure off of me.
Reading
The exercise where we share how we got to where we are. Dinner parties we great. Speaking about the books Mrs. Anderson read gave me the opportunity to read them myself. We were allowed to choose our topics and made us feel like we had a say in our education.
we had group activities and individual speeches that made me feel more inclusive of who I am
He gave a lot of feedback and real life lessons which were very interesting as well as his opinions about certain topics.
The persuasion speech and the play

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
The value speech and the charade impression activity where we just interpret actions done by groups of people on the spot.
Two assignments that the instructor gave us that made my learning more inclusive as an individual are his quizzes and the worksheet we have to do for our brainstorming. I think the quizzes are great because they help me understand the underlying theories of giving a speech and I can apply it when I do my speech. Also the worksheet is great too as it helps me when I am putting my ideas together when I want to make the speech. It helps me become more organized with my thoughts and ideas.
when performing in a small group about what you hate the most and I found out that we was hating the same problem so that was excited that at least I dont feel being left behind. Another thing is when at the beginning of the class, I had a chance to talk with another classmate and introduce him to the class ( unfortunately he dropped the class) since I always nervous and anxiety when talking with a English speaker (since I couldnt hear everything they said). The scariest assignment I think is dinner party because of differences in culture, in language so I didn't get what they mean and afraid to speak out...
- the instructor is engaging the students to participate in discussion - a lot group works, which makes students become more aware and close with others - the instructor is very open to questions and discussions and answer very clearly. - the instructor knows each student very well that it feels like family in the classroom.
Group discussions and group speeches
The professor will teach us how to overcome anxiety and share it with us with his own examples.
1. The instructor appreciated my efforts. 2. He also provided valuable feedback.
Demonstration and Persuasive speeches.
The introduction speech and the demonstrative speech. We know each other from the introduction speech. Also, everyone shows their interest and talent on some aspects. We can know more about each other.
As an individual, I think introduction and impromptu speech were more effective than any other speeches because we get very little to prepare and also we had to speak on topic where we get just 3 minutes to prepare.
Story telling, group performance.
group activity and worksheet
persuasive speech and info speech
The instructor was a perfect combination of positively encouraging but yet stern instructing. There were many times he liked to express to us that he was once in our shoes and how he wants to push us to overcome our communication apprehension.
i liked the part where we solve puzzles in the beginning of the class. i may not be able to answer them but i find it fun and challenging. the second one is group discussions since it really help me more confident with my speech
Having an in depth process to choosing our groups for the quarter, and allowing us some liberty to choose our own topics for speeches. I appreciate the freedom this system gives me as opposed to everything being randomly assigned.
One thing that my professor did in order to help my peers and I learn was give an example of his own speech a week before in order for us to understand the form in which he will be grading us. This was very helpful because at times, many students are not aware and are afraid that their presentation will not meet the standards. By presenting prior to our speech and giving an example, we were able to see the form in which we could base our presentations off of. Another thing that my professor did to make me my learning feel more inclusive of who I am as an individual was giving us group talk time in order for us to share our ideas with one another. This allowed us to expand our own thoughts and also opened up new options to expand upon.
I liked the out of speech critique analysis as well as the impromptu speech. Made me open my eyes about giving a speech last minute
Asking questions for students. Discussion within group.
The debate and the group activity where we acted out a scenario (e.g. drunk driving) and everyone ended up "shooting" each other at the end. Both activities were not only fun in their own ways but just in general interesting to do and see how they turned out.
facilitation and small group presentation
All the interactive activities and the opportunities to speak
Two activities that helped me feel inclusive as an individual was allowing us to chose what we want to write about and making sure we had the freedom to express ourselves.

**Question: 28. Describe at least 2 specific activities, assignments, speeches, or discussions by the instructor which made your learning feel more inclusive of who you are as an individual?**

Response
One way was when my instructor discussed how we express ourselves can have different meanings to people, so we should try to consider others when we speak. Another was the type of discussion topics we had for our dinner parties. They covered sensitive matters that dealt with issues many of us face in our society.
I'm really impressed with my instructor who has designed this wonderful class. This class is designed with a lot of activities, and give us a chance to do a present in front of the class. Moreover, the Textbook "Stand Up and Speak.." is really helpful for me to understand more clearly the process and types of speeches. I am so grateful to my instructor, Ms. Stephanie who really cares and give a lot of feedback, recommendation after every my speeches to improve my next time speech better.
Last project! As a group, we help each other to finish it completely.
Dinner party, and the free writes and discussion at the beginning of the class.
Nik was the GOAT. He is helpful and thoughtful and he involves himself with his students in order to help them be successful. 10/10 would recommend. He made sure we respected each other during speeches which I felt was calming and made it much easier less scary to stand up in front of the class. He was also real with us. He talked about his own experiences in life and that made for a very trusting class environment.
I liked reading the book because it is very helpful. I also enjoyed group discussion during class.
Assigning the culture collage made me feel more comfortable speaking about who I am, as well as having a group discussion with other people to introduce ourselves.